



COMMUNITY SERVICES DEPARTMENT

EVENTS *Guide*



**Parks
Make
Life
Better!**

Winter 2015 www.cityofvacaville.com 707-469-4000

**Saturday
December 6th**

Seating at 10:00 a.m.
(97084)



McBride Center

\$7 - 13/up

\$5 - 2-12 years

Free - under 2 years

Breakfast with Santa

Do you hear the sleigh bells ringing? Then come on over as we celebrate the season with a Santa Breakfast! Enjoy an all you can eat pancake breakfast along with two sausage links. Your favorite beverages are included. Each child will have the chance to visit with Santa and create winter theme crafts.

Preschool fund-raiser raffle will be available. Register early - seating is limited! Must be pre-registered, no on site registration will be taken. Don't forget your camera for some great memories!

REGISTER BY DECEMBER 3RD.



Magical visits with Santa & Mrs. Claus



*Call 469-6694 for more details and to reserve
your Santa visit today...Ho! Ho! Ho!*

Right in your own home!

Forget the long lines at the Mall and invite Santa to your place! Create those special memories for your family to cherish for years to come.

Santa will be dropping by to share a story, inspect the stockings and admire the Christmas tree with your children or grandchildren. Make sure to have the camera ready!



Class Code 102536 - \$35 per visit

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Director's Message

Another holiday season is fast approaching and we have a lot in store for the community. Breakfast with Santa will be held Saturday, December 6 at the McBride Center with all you can eat pancakes and a fund-raiser raffle to support our Early Childhood Enrichment program. Deck your halls this year in anticipation of a visit with Santa. You can schedule a home visit with Santa through the Community Services Department.

We'll keep your weekends busy this winter with several special events. Get the New Year off to an adrenaline pumping start at our Polar Bear Plunge held January 3, at Graham Aquatic Center. McBride will host a Chinese New Year celebration on Friday, February 27 and the annual PAL Crab Feed will be held March 7 at Ulatis Community Center.

Long awaited Day Trips are here! Coming this winter we will head to San Francisco to the Cliff House where folks can enjoy a delicious brunch and browse Pier 39. We are also offering a trip to Reno on Amtrak where participants will enjoy a beautiful view of the snow capped Sierras and tour the Kimmie Candy Factory.

Gracing our cover this winter is Grand Master Alan Reyes who has been teaching Karate on behalf of the Community Services Department for over 45 years. Over 14,000 students have learned the art of Kajukenbo Kenpo Karate from Professor Reyes. Vacaville has been fortunate to have such a dedicated member of our community share his love for Karate over the years. Thank you Alan Reyes!

Happy Holidays,

Winter 2015
EVENTS Guide
(707) 469-4000 or 469-4020

Registration is now open!

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2015 CreekWalk Sponsors

WANTED!

Does your business believe in giving back to the community?

If so, then help us continue a Vacaville tradition by supporting our annual CreekWalk Summer Concert Series.

Unique craft vendors and specialty food vendors wanted for upcoming community events.

For more information call 469-6694.

Now accepting 2015 Band submissions for the 16th Annual CreekWalk Concert Series.

Deadline to submit demo packet is **1/2/2015.**

Vacaville Performing Arts Theatre

1010 Ulatis Drive * Vacaville CALIFORNIA 95687* Box Office Telephone 707.469.4013

On Stage Vacaville presents

United States Air Force Band of the Golden West Holiday Concert

Kick off the holiday season with this much anticipated annual event. Celebrate the sounds of the season with the United States Air Force Band of the Golden West Concert Band.

Tickets have been distributed. There will be a wait list that starts one hour before each show. If seats become available, they will be released to first come first serve based on the wait list.

Friday, December 5 7:00PM
Saturday, December 6 7:00PM

Solano Community Symphony presents

Holiday Celebration

Maestro Semyon Lohss Conductor/Music Director

Christmas Symphony J. Linuk

The Nutcracker Selections by P. Tchaikovsky

Sunday, December 7 3:00PM
\$15 - \$30

Vacaville Ballet Company presents

Nightmare Before Nutcracker

Sugar and spice make everything nice this holiday season. Whether you are having visions of sugarplum fairies or plotting to take over the Land of Sweets, you're sure to be delighted in this all new rendition of the classic Nutcracker tale.

VBC will be hosting an Opening Night Gala in the lobby on December 12, 2014 beginning at 6:00pm. Tickets will be sold at VPAT for \$20.

Friday, December 12 7:00PM
Saturday, December 13 1:00PM & 7:00PM
Sunday, December 14 1:00PM
\$15 - \$20

Young Artists Conservatory presents

Holiday Harmonies

Music themes from the Trans-Siberian Orchestra.

Sunday, December 21 7:00PM

Young Artists Conservatory presents

Beauty and the Beast

Stage Director, Robert Dornaus, and Artistic Director, Wanda Cook.

Friday, January 16 7:30PM
Saturday, January 17 2:00PM & 7:30PM
Sunday, January 18 2:00PM
\$15-\$22

Bliss Urban Dance Center presents

Winter Showcase

Enjoy a high energy, hip-hop dance showcase featuring the students of Bliss Urban Dance Center.

Saturday, January 24 2:00PM & 7:00PM

Solano Community Symphony presents

Salute to Youth

Maestro Semyon Lohss Conductor/Music Director

Winners of the Young Artist Competition 2014

Fanfare for the Common Man A. Copeland The Snow Maiden (Snegurochka) Suite N. Rimsky - Korsakov "Finlandia" Op . 26 J. Sibelius

Sunday, February 8 3:00PM
\$15 - \$30

TICKET SALES

Tickets can be purchased by any of the following methods:

By Telephone, call the Theatre Box Office at 707.469.4013
VPAT.net

IN PERSON AT THE BOX OFFICE:

The Box Office window is located outside the Theatre just to the right of the front entrance.

BOX OFFICE HOURS ARE

Tuesday through Friday, 12:00-6:00pm
and one hour before each ticketed event.

Enrichment Activities

Busy Bees

Ages 10-42 mos.

This interactive experience for parents and children combines parental support and quality time for young children. Your toddler will develop social skills through play experiences. The program encourages cognitive, physical and language development through imaginary play, art, music and circle time. Children must be age appropriate by start date of class. Sibling fee \$10, ages 6-9 months.

Initial registration must be made in person. Birth certificate and shot record required. Subsequent registrations may be completed on-line. For information, call 469-4033.

96119	T	12/2-12/16	9:30-11:30am	\$35
96120	T	1/6-1/27	9:30-11:30am	\$47
100321	T	2/3-2/17	9:30-11:30am	\$35
Location: Padan Recreation Center				

Mommy's Time Out

Ages 18-42mos

Our toddler class provides a nurturing environment in which socialization skills, cognitive skills, independence, fine and gross motor skills, and language development are learned through imaginative play, large and small group activities, story time, sensory activities, music, dance, exploration, building, finger plays and more.

Children do not need to be potty trained. Parents are not required to participate. Birth certificate and shot record required.

96115	WF	12/3-12/19	9:30am-12:30pm	\$123
96116	WF	1/7-1/30	9:30am-12:30pm	\$164
96117	WF	2/4-2/20	9:30am-12:30pm	\$123
96112	Th	12/4-12/18	9:30am-12:30pm	\$62
96113	Th	1/8-1/29	9:30am-12:30pm	\$82
96114	Th	2/5-2/19	9:30am-12:30pm	\$62
Location: Padan Recreation Center				

Kindermusik

Ages 18-36 mos

Kindermusik has been the most trusted name in music and movement education for young children for over 30 years. Join our staff in this award-winning program. Each Kindermusik class is a world of discovery and adventure. This is a parent participation class. No non-enrolled siblings.

Celebrate the unique joys of your growing child through music! Each week, you'll sing, dance, and play instruments together while your child practices a variety of abilities like motor skills, turn-taking, social skills, and active listening.

Kindermusik - Wiggle & Grow

100306	M	12/1-12/15	9:30-10:15am	\$54
100307	M	1/5-1/26	9:30-10:15am	\$54
100308	M	2/2-2/16	9:30-10:15am	\$54

Instructor: Cassandra Grigsby
Location: Padan Recreation Center

NEW! Sharing Spanish Together

Ages 4-5

Your child will experience the wonderful world of learning the Spanish language through music, puppets, books and much more! This class combines entertainment and learning in a natural and comfortable setting. We will cover themes such as greetings, colors, numbers, days of the week, etc. Taught by an experienced native speaker, children will love the Spanish language and gain the ability to apply what they learn with confidence.

100284	M	12/1-12/15	3:30-4:30pm	\$36
100285	M	1/5-1/26	3:30-4:30pm	\$36
100286	M	2/2-2/26	3:30-4:30pm	\$36

Location: Padan Recreation Center

NEW! Academic Enrichment Classes for 5 year olds

Academic Math

Designed to introduce your child to the world of patterns, numbers, and vocabulary - all the components that your child will need to be ready for school. Give your child a boost in building a foundation in Math along with fun activities.

100294 M 12/1-12/15 1:00-3:00pm \$60

Academic Science

Designed to introduce your child to the world of Science in a fun and hands-on way. We'll explore basic science concepts in physics, chemistry, and biology through age-appropriate experiments, games, and projects. Your child will have the opportunity to experience science that is part of their world.

100295 M 1/5-1/26 1:00-3:00pm \$60

Academic Phonics

Bring your crime fighting skills to the ultimate super hero training grounds. Test your mighty muscles and agility at our Super Hero Olympics. Fix up power snacks, reading heroic tales and create super hero arts and crafts. No parent participation required..

100296 M 2/2-2/16 1:00-3:00pm \$60

Location: Padan Recreation Center



Enrichment Activities

Notes from the Northpole

As the holiday season approaches, nothing will put your family in the holiday spirit more than your child receiving a personal letter from the North Pole. Complete a Santa's helper questionnaire with all your child's information and return it to our special mailbox located at the front counters at any of the community centers by December 5th. Letters will be mailed by December 12th in order to arrive by Christmas and will contain personalized information about your child as well as North Pole news.

Santa Service is \$8 per letter (97086).

Registration Deadline: 12/5



ONE DAY WORKSHOPS

Ages 4-5

These one day workshops make it easy to have fun creating, learning, and making new friends. Parent participation not required for these One Day Workshops. All workshops are held at the Padan Recreation Center.

Long, Long Ago

Calling all pee-wee paleontologists! Frolic among the fossils on an archaeological search and uncover prehistoric dinosaurs and cave dwellers for this delightful "dino-riffic" time travel to the past. No parent participation needed. No unenrolled siblings, please.

100267 S 1/10 9:30-11:30am \$25

Pretty & Pink Princess Party

Mirror, mirror on the wall, come and be the fairest princess of all. Read magical tales, make fairy treats and have a princess tea with Prince Charming as we live happily ever after. No parent participation required.

100269 S 2/7 9:30-11:30am \$25

Whistle While You Work

Jr. Carpenters whistle away the hours hammering, painting and building structures of their own design. Each little builder has a new opportunity to build it even bigger and better than before. No unenrolled siblings, please. No parent participation required.

100268 S 1/24 9:30-11:30am \$25

Super Hero

Bring your crime fighting skills to the ultimate super hero training grounds. Test your mighty muscles and agility at our Super Hero Olympics. Fix up power snacks, read heroic tales and create super hero arts and crafts. No parent participation required.

100270 S 2/28 9:30-11:30am \$25

After School Education and Safety Program (ASES)

The ASES (After School Education and Safety) program is designed to provide a safe physical and emotional environment that promotes relationship building. We offer an academically rewarding environment to students after school, which results in students' achieving success in the regular classroom. The program provides homework assistance, physical activities and outdoor play opportunities, nutritious snacks, and enrichment classes which may include science, technology, arts and crafts, gardening, team and character building, visual and performing arts, chess club, and more! This FREE program is offered every day school is in session from the time school gets out until 6:00pm. Enrollment is limited to students at Fairmont, Padan, Markham and Hemlock Elementary schools on a first come, first served basis. Registration information can be found at McBride, Three Oaks and Ulatis Community Centers. For further information you may contact the ASES program office at 469-6670.

Enrichment Activities

Children's Corner Preschool

Children's Corner Preschool has been educating Vacaville's young children for over 40 years. In a safe and positive environment, our program supports the social, emotional, cognitive and physical development of each child. We believe a hands-on approach to learning promotes exploration, creativity and discovery. Our teachers and staff are sensitive to individual differences and developmental stages of all children and apply appropriate practices to their classrooms and curriculum. Our program provides a well-rounded preschool experience and fosters a child's natural curiosity for learning, leaving them prepared and eager for their next educational step.

Registration Requirements: A \$35 non-refundable annual registration fee and a non-refundable first month's tuition payment are due at the initial registration. The remaining 9 tuition installments are due by the 20th of each month from September 2014 - May 2015. There is a \$25 late fee for payments received after the 20th. Children must be the age required on or before September 1, 2014. INITIAL REGISTRATION must be made in person. COPIES of child's birth certification and current immunization record required. Children must be completely potty trained. For information call 469-4033.

Preschool for 3 year olds

Our three year old class introduces a child into a classroom setting, where self-help, self-esteem, socialization, cooperation skills and academic concepts are introduced through art, music, stories, circle-time, and indoor and outdoor play.

Code	Day	Site	Dates	Time	Fee
100353	TTh	Browns Valley	12/2-12/18	9:00-11:30am	\$152
100354	TTh	Browns Valley	1/6-1/29	9:00-11:30am	\$152
100355	TTh	Browns Valley	2/3-2/19	9:00-11:30am	\$152
100356	TTh	Foxboro	12/2-12/18	9:00-11:30am	\$152
100357	TTh	Foxboro	1/6-1/29	9:00-11:30am	\$152
100358	TTh	Foxboro	2/3-2/26	9:00-11:30am	\$152
100359	TTh	Three Oaks	12/2-12/18	9:00-11:30am	\$152
100360	TTh	Three Oaks	1/6-1/29	9:00-11:30am	\$152
100361	TTh	Three Oaks	2/3-2/19	9:00-11:30am	\$152

Preschool for 4 year olds

Our four year old class develops language, writing and literacy skills with the help of the Frontline Phonics program. Awareness of mathematical and scientific reasoning is provided through a variety of appropriate activities and creative expression is encouraged through art and music. Children have the opportunity to play indoors/outdoors and engage in large and small group activities daily.

Code	Day	Site	Dates	Time	Fee
100404	TTh	Cooper	12/2-12/18	9:00am-12noon	\$165
100409	TTh	Cooper	1/6-1/29	9:00am-12noon	\$165
100410	TTh	Cooper	2/3-2/19	9:00am-12noon	\$165
100401	MWF	Cooper	12/1-12/19	9:00am-12noon	\$225
100402	MWF	Cooper	1/5-1/30	9:00am-12noon	\$225
100405	MWF	Cooper	2/2-2/20	9:00am-12noon	\$225
100398	MWF	Browns Valley	12/1-12/19	9:00am-12noon	\$225
100399	MWF	Browns Valley	1/5-1/30	9:00am-12noon	\$225
100400	MWF	Browns Valley	2/2-2/20	9:00am-12noon	\$225
100411	MWF	Foxboro	12/1-12/19	9:00am-12noon	\$225
100406	MWF	Foxboro	1/5-2/6	9:00am-12noon	\$225
100412	MWF	Foxboro	2/2-2/27	9:00am-12noon	\$225
100403	MWF	Three Oaks	12/1-12/19	9:00am-12noon	\$225
100407	MWF	Three Oaks	1/5-1/30	9:00am-12noon	\$225
100408	MWF	Three Oaks	2/2-2/20	9:00am-12noon	\$225



EARLY PRESCHOOL FALL REGISTRATION DATES

2015-2016

PRIORITY REGISTRATION DATE

FIRST PRIORITY: MARCH 2 FOR THOSE PARTICIPANTS WHO WERE CONTINUOUSLY ENROLLED IN CHILDREN'S CORNER PRESCHOOL DURING THE 2014-2015 SCHOOL YEAR. **OPEN REGISTRATION** BEGINS MARCH 30.

Enrichment Activities

Thank Goodness It's Fun Club

Grades 1-6

This recreational enrichment program for children grades 1-6, provides a variety of activities in a safe setting. Participants are supervised by responsible, trained staff. Character development, socialization, and esteem building are interwoven into daily activities which include: organized games, arts and crafts, outdoor play, homework help, and other positive recreational experiences. We strive to promote health, wellness, and fun! Initial registration must be done in person. For more information call 449-5616.

Note: While we do accept kindergartners, our hours of operation are 6:30-8:30am for before school and 2:30-6:00pm for after school. We do not offer a midday program. **There is a non-refundable annual registration fee of \$50.**

Instructor: Community Services Staff
 Location: Adjacent to elementary schools
 Addtl Cost: 10% sibling discount - does not apply to registration fee or drop in cards
 \$50 registration fee required
 \$59 for 10 hr drop; \$45 - one day drop in card
 Late pick up fee \$10-\$30 (15 minute increments)
 Note: Initial registration must be done in person. Register on-line after initial registration.

TGIFun Club 10-Hour Drop-In Cards

Grades 1-6

Drop-in and enjoy a fun-filled morning or afternoon at TGIF! 10-Hour Drop-in cards are a great option for families that require only a few hours of care per week. They can be used any day of the week at all sites that are not full. Drop-in availability is on a first come, first served basis and cannot be reserved over the phone or at the time of registration. Please call 449-5616 to find out if drop-in space is available at your child's school site.

Cost: \$59 per card
 Notes: Cards can be used in one hour increments only. Cards are non-refundable, non-transferable, and will not be replaced if lost. Cards must be purchased.

2014-2015 School Year

BS Code	BS Fee	Site	Dates	AS Code	AS Fee
101990	\$119	Alamo	12/1-12/19	102012	\$205
101996	\$149	Alamo	1/5-1/30	102016	\$259
99958	\$119	Alamo	2/2-2/20	99955	\$205
102005	\$169	Alamo	3/2-3/31	102025	\$299
99962	\$119	Browns Valley	12/1-12/19	99956	\$205
99957	\$149	Browns Valley	1/5-1/30	102039	\$259
99959	\$119	Browns Valley	2/2-2/20	102040	\$205
102006	\$169	Browns Valley	3/2-3/31	102038	\$299
101991	\$119	Cambridge	12/1-12/19	102013	\$205
101997	\$149	Cambridge	1/5-1/30	102017	\$219
99960	\$139	Cambridge	2/2-2/27	102020	\$245
102007	\$175	Cambridge	3/2-3/31	102026	\$299
101992	\$119	Cooper	12/1-12/19	102014	\$205
101998	\$149	Cooper	1/5-1/30	102018	\$259
99961	\$119	Cooper	2/2-2/20	102021	\$205
102008	\$169	Cooper	3/2-3/31	102027	\$299
101993	\$119	Foxboro	12/1-12/19	102015	\$205
101999	\$165	Foxboro	1/5-1/30	102019	\$259
102002	\$139	Foxboro	2/2-2/27	102022	\$245
102009	\$175	Foxboro	3/2-3/31	102028	\$299
101994	\$119	Meadowlands	12/1-12/19	99951	\$205
102000	\$149	Meadowlands	1/5-1/30	99953	\$259
102003	\$119	Meadowlands	2/2-2/20	102024	\$205
102010	\$169	Meadowlands	3/2-3/31	102030	\$299

BS=Before School and AS=After School

NEW! Kairos Public School

101995	\$85	Kairos	12/1-12/19	99952	\$195
102001	\$101	Kairos	1/5-1/30	99954	\$239
102004	\$85	Kairos	2/2-2/20	102023	\$195
102011	\$117	Kairos	3/2-3/31	102029	\$273

Enrichment Activities

Camp VACation

Grades 1-6

New memories await when you spend your holiday break at Camp VACation. This program offers children in grades K-6 opportunities to socialize, explore, play, create, and more in a safe and supervised setting. Each week will include games, projects, and special activities. Please send your child with a sack lunch, we'll provide a morning and afternoon snack. Space is limited, so sign up early! **Please note for Christmas Fun and Wacky Wild Winter, facilities close at 1p.m. on Christmas and New Years Eves and not offering the program on Friday.**

CHRISTMAS FUN - FOXBORO RECREATION CENTER

96132	MTW	12/22-12/24	6:30am-6:00pm	\$115
96133	MTW	12/22-12/24	9:00am-4:00pm	\$69

WACKY WILD WINTER - BROWNS VALLEY RECREATION CENTER

96134	MTW	12/22-12/24	6:30am-6:00pm	\$115
96135	MTW	12/22-12/24	9:00am-4:00pm	\$69

ANIMAL ADVENTURE - FOXBORO RECREATION CENTER

96138	MTW	12/29-12/31	6:30am-6:00pm	\$115
96139	MTW	12/29-12/31	9:00am-4:00pm	\$69

FUN FIT NEW YEAR - BROWNS VALLEY RECREATION CENTER

96140	MTW	12/29-12/31	6:30am-6:00pm	\$115
96141	MTW	12/29-12/31	9:00am-4:00pm	\$69

ALL ABOUT RECYCLING - BROWNS VALLEY RECREATION CENTER

101497	M-F	2/23-2/27	6:30am-6:00pm	\$225
101498	M-F	2/23-2/27	9:00am-4:00pm	\$135



NEW! TGIF School Recess Camp!

Grades 1-6

For parents that work on school recess days. Our TGIF program has prepared a special one day camp just for you. The kids will enjoy a care free day and you will have peace of mind knowing your child is safe with us while you're at work!

FOXBORO

101493	2/13	6:30am-6:00pm	\$45
101494	2/13	9:00am-4:00pm	\$27

Vacaville Ice Sports Annual

Winter Wonderland

ICE SKATING EXPERIENCE

ENJOY A WONDERLAND ON ICE!

A beautifully lit Christmas tree is centered on our "Frozen pond." Festive lights and pine trees surround you while holiday music sets the mood for a skating experience you won't soon forget!

It's the perfect way to relax and recover from a hectic holiday season!

SPECIAL PUBLIC SKATING SESSION!
\$15 ALL DAY PASS!
INCLUDES SKATE RENTAL!
FAMILY DISCOUNT: 4 FOR \$45
 December 16th - Jan 4th, 10:00am-10:00pm.
 Dec 24th, Dec 31st & Jan 4th, 10:00am-4:00pm.
 December 25th: CLOSED-Merry Christmas!
 New Years Eve Party Dec 31st 9:00pm-1:00am

Vacaville Ice Sports - 551 Davis St, Vacaville CA 95688 • 707-455-0225 • www.vacavilleicesports.com

Youth Sports

Satisfy your child's desire to play sports and have fun too! Our programs are designed to introduce participants to a variety of sports. We focus on basic instruction and help children develop proper techniques to further enhance the overall sports experience. Don't wait, programs fill up fast! Participating in sports helps youth develop self discipline, social networking and sportsmanship. The success of our leagues is dependent on volunteer coaches, so if you would like to help out, please call 469-4035.

Youth Fitness & Athletic Camp

Ages 5-14

Take your kids fitness to the next level with D&D Fitness Warriors, the most explosive program around! Our focus will be overall health and fitness. We will also address speed, strength, agility, plyometrics, aerobic and core exercises. The program is open to all student male and female athletes and non-athletes. Drop-in available.

December - attend 1 - 4 days per week, per session

102364 M-Th 12/1-12/30 3:30-4:20pm

102365 M-Th 12/1-12/30 4:30-5:20pm

102366 M-Th 12/1-12/30 6:00-6:50pm

102367 M-Th 12/1-12/30 7:00-7:50pm

No class: 12/24, 12/25 or 12/31

January - attend 1 - 4 days per week, per session

102368 M-Th 1/5-1/29 3:30-4:20pm

102369 M-Th 1/5-1/29 4:30-5:20pm

102370 M-Th 1/5-1/29 6:00-6:50pm

102371 M-Th 1/5-1/29 7:00-7:50pm

February - attend 1 - 4 days per week, per session

102372 M-Th 2/2-2/26 3:30-4:20pm

102373 M-Th 2/2-2/26 4:30-5:20pm

102374 M-Th 2/2-2/26 6:00-6:50pm

102375 M-Th 2/2-2/26 7:00-7:50pm

Fee Structure

\$125 - month; \$99 - 3 days/week;

\$69 - 2 days/week; \$15 - daily drop-in

Location: Vaca Peña Recreation Center



Program Fees are subject to change.

English Horseback Riding

Ages 6-17

Come join us at the Christiane Noelting Dressage Center and experience the wonderful world of horses up close!

Horsemanship

Students will learn more than just how to ride a horse! Basic horsemanship skills and riding lessons taught in an all weather, covered arena making each day a fun new experience! Heeled shoes and horseback riding helmet required.

102357 S 12/6-12/27 1:00-3:00pm \$125

102358 S 1/10-1/24 1:00-3:00pm \$125

102359 S 2/7-2/21 1:00-3:00pm \$125

Location: Christiane Noelting Dressage Center

No Class: 12/13

Vaulting

What is Vaulting? Vaulting is a way for children to learn to take care of and handle horses, work on their gymnastics on and off the horse, and develop excellent teamwork. It's the best introduction to future horseback riding, as they learn balance and a wonderful seat on the horse.

102360 T 12/2-12/16 5:30-6:30pm \$75

102361 T 1/6-1/20 5:30-6:30pm \$75

102362 T 2/3-2/17 5:30-6:30pm \$75

Location: Christiane Noelting Dressage Center

Golf Classes

Ages 7-17

Play well, live well! The Community Services staff and Green Tree Golf Club have joined forces to offer a series of monthly golf lessons to enhance healthy personal development. Junior beginner, intermediate, and advanced levels upon instructor's approval.

102376 W 2/4-2/25 4:00-5:00PM \$101

102377 F 2/6-2/27 4:00-5:00PM \$101

Location: Green Tree Golf Course

Karate/Self Defense

Ages 5-14

A City of Vacaville Program since 1967! Since that time, over 14,000 students have learned the art of Kajukenbo Kenpo Karate from Grand Master Alan Reyes and his family of Black Belt Instructors. With over 45 years of teaching expertise, Reyes Kenpo Karate will help your child gain confidence, stamina, strength, positive self image, and respect for others and self.

Mental discipline, self respect and physical health are the focus of this course. Students will learn proper offensive and defensive karate maneuvers including blocks, grabs and kicks.

Junior Self Defense - Beginning - 5-14 yrs

102415 T 1/6-3/24 5:00-6:00pm \$71

102449 Th 1/8-3/26 5:00-6:00pm \$71

102444 TTh 1/6-3/26 5:00-6:00pm \$131

Junior Self Defense - Advanced - 6-14 yrs

102417 T 1/6-3/24 6:00-7:30pm \$71

102447 W 1/7-3/25 5:00-6:00pm \$71

102448 T 1/6-3/25 6:00-7:30pm \$131

W 5:00-6:00pm

Junior Karate - Beginning & Advanced - 8-14yrs

102445 M 1/5-3/23 5:00-6:00pm \$71

102416 Th 1/8-3/26 6:00-7:30pm \$71

102446 M 1/5-3/26 5:00-6:00pm \$131

Th 6:00-7:30pm

Instructor: Professor Alan Reyes

Location: Three Oaks Community Center

No Class: 1/19, 2/16



Tiny Tots Tuesdays

Age 2-4

Bring your little one and have a ball playing fun sports and games designed just for toddlers. These programs encourage motor-skill development and socialization skills while providing active parent-child interactions. You and your little one will have a blast and create memories together.

Dribble, shoot and pass! Fun basketball games designed with your little one in mind!

Tiny Tot Basketball

102513	T	12/2-12/23	5:00-5:45pm	\$52
102514	T	1/6-1/27	5:00-5:45pm	\$52
102515	T	2/3-2/24	5:00-5:45pm	\$52

Instructor: Community Services Staff
Location: Vacaville Recreation Center

Basketball: I'd Rather be Ballin' Camp

Ages 7-12

Why sit at home playing video games when you could be ballin' instead? Want to learn new basketball skills or polish the skills you already have? This new camp is designed to help teach kids the fundamentals of basketball through fun drills and games. Scrimmages will be used to reinforce skills and gain game time experience.

100332 M-W 11/24-11/26 9:00am-1:00pm \$59
Location: Georgie Duke Sports Center

NEW! School's Out Basketball Camp

Grades 3-8

Join in on the basketball fun during your school break. This week-long camp will focus on fundamental drills, teamwork, sportsmanship and friendly competition. Players will be separated by age for drills and competitions.

Registration Deadline: 2/23

102534 M-F 2/23-2/27 9:00am-12:00pm \$59
Location: Georgie Duke Sports Center

2014 Winter Basketball League - \$99

Grades 1-6

Where everyone plays! Increase your child's health and wellness by keeping them physically fit during the winter months. This league stresses the fundamentals, strategy, and rules of the game. It's a perfect opportunity for your child to learn and have fun playing hoops! Games begin first week of January.

Registration deadline: 11/8

Managers Meeting: 12/3, 5:30pm at the Ulatis Community Center

Girls	Grade	Boys	Girls	Grade	Boys
100250	1-2 (coed)	100250	100256	4	100252
100255	3	100251	100257	5	100253
			100258	6	100254

Prerequisite: For 1st graders only. Fundamentals Clinic or Mini Muscles

Add'l Cost: \$20 late fee after deadline

Material Cost: \$20 mandatory jersey

Location: Georgie Duke Sports Center and Vacaville Recreation Center



Spring Basketball League

Grades 3-8

Didn't get enough basketball this winter? Keep your dribble alive in our exciting coed spring league! Hone your fundamentals and get great exercise while competing in your favorite sport. Sign up as an individual and be placed on a team. Friend requests must be reciprocal.

Registration Deadline: 2/7

Coaches Meeting: 2/25, 5:30pm at Three Oaks

102429	Grades 3-4	\$99
102430	Grades 5-6	\$99
102431	Grades 7-8	\$99

Location: George Duke Sports Center

Add'l Cost: \$20 late fee after deadline

Material Cost: \$20 mandatory jersey

Mini Muscles Basketball

Ages 5-6

Introduce your child to Basketball with Mini Muscles. This 8 week league is set up for efficient learning. The first half of each session is a programmed practice, and the second half is game time! Participants must turn 5 years old by February 28, 2015 and cannot turn 7 years old before April 28, 2015. The success of this program depends on parent volunteers, so give us a call at 469-4035 if you are interested in volunteering. Friend requests must be reciprocal. Mini Muscles Basketball is a prerequisite for first graders wanting to play Winter Basketball.

Registration Deadline: 2/7

Manager's Meeting: 2/24, 6:00pm at Three Oaks

102363 S 2/28-4/25 \$88

Location: George Duke Sports Center

Sports League Coaches

16+

The City of Vacaville is seeking positive, committed, friendly and energetic volunteers to coach youth sports teams. Volunteers receive registration discounts for their service. All volunteer coaches will be scheduled for fingerprinting by the youth sports coordinator and the Vacaville Police Department. Register today or call 469-4035 for more information.

102517	Spring Volleyball
102518	Spring Basketball
102519	Mini Muscles

Youth Sports

Learn to Ice Skate

Ages 3+

The joy of Ice Skating is for all ages! Learn the fundamentals of ice skating with our highly qualified & friendly coaching staff. This basic course includes forward and backward skating skills, safety on ice, and a delightful variety of fancy, yet easy to master, skating maneuvers. Classes may be divided by age and ability. Come join the fun of Ice Skating today!

102420	T	12/16-12/30	5:30-6:30pm	\$30
102421	T	1/6-1/27	5:30-6:30pm	\$60
102422	T	2/3-2/24	5:30-6:30pm	\$60
102423	S	12/20-12/27	10:45-11:45am	\$30
102424	S	1/10-1/31	10:45-11:45am	\$60
102425	S	2/7-2/28	10:45-11:45am	\$60
Instructor:	Donnarae Tulsky			
Location:	Vacaville Ice Sports			

Spring Volleyball League

Grades 3-12

Bump, Set and Spike your way to fitness! All skill levels are welcome, from the beginner looking to learn a new skill to the experienced player wanting to keep his/her skills sharp. Sign up as an individual and be placed on a team. Friend request must be reciprocal.

Spring League Registration Deadline: 2/7

Managers Meeting: 2/24, 5:30pm at Three Oaks

102433	Grades 3-4	\$90
102434	Grades 5-6	\$90
102435	Grades 7-8	\$90
102436	Grades 9-10	\$90
102437	Grades 11-12	\$90
Location:	Vacaville Recreation Center	
Add'l Cost:	\$20 late fee after deadline	
Material Cost:	\$20 mandatory jersey	

Clinic for Coaches

Wednesday, December 3
Georgie Duke Sports Center
5:30pm - FREE

Our clinics instruct coaches on "how to teach", dealing with parents, practice organization as well as what drills to run.

Reserve your spot today!

Program Fees are subject to change.

NEW! Winter Wonderland- Ice Skating Camp

Ages 3-17

Learn to Skate amidst a Winter Wonderland on Ice. A beautifully decorated Christmas tree is centered on our 'frozen pond'. Come play in the snow surrounded by festive lights & pine trees as you learn to skate. Enjoy a 'Winter Wonderland' skating experience at Vacaville Ice Sports. Nutritious snacks and hot chocolate provided.

102432	M-W	12/29-12/31	9:00am-12:00pm	\$60
Location:	Vacaville Ice Sports			

NEW! School's Out Volleyball Camp

Grades 1-8

Can you Dig IT? Join in on the Volleyball fun during your school break. This week-long camp will focus on fundamental drills, teamwork, sportsmanship and friendly competition. Players will be separated by age for drills and competitions.

Registration Deadline: 2/23

102535	M-F	2/23-2/27	9:00am-12:00pm	\$59
Location:	Vacaville Recreation Center			

Just4Kicks Soccer Development

Ages 3.5-6

Soccer development in a class format. Come join the fun and develop gross motor skills and dynamic group exposure. Soccer is the best sport to introduce your child to team sports and body control. Just4Kicks coaches are trained child-friendly coaches with a passion for soccer. More details about our classes at www.j4ksoccer.com. Shin guards required.

For Ages 2.5-3.5

102401	Th	1/29-3/12	9:30-10:00am	\$71
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For Ages 3.5-4

102397	Th	1/29-3/12	10:00-10:30am	\$71
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102402	S	1/31-3/14	10:00-10:40am	\$71
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For Ages 4-5

102398	Th	1/29-3/12	10:30-11:05am	\$71
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102400	Th	1/29-3/12	4:40-5:20pm	\$71
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102405	S	1/31-3/14	10:00-10:40am	\$71
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For Ages 5-6

102399	Th	1/29-3/12	3:50-4:40pm	\$71
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102408	S	1/31-3/14	10:40-11:30am	\$71
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Instructor: Just4Kicks, inc.

Location: Alamo Creek Park - Thursdays

Arlington Park - Saturdays

No Class: 2/14, 2/26

Just4Kicks Mini Soccer Coed League

Ages 3.5-6

Come join the 5v5 revolution! The Just4Kicks development league is the best way learn and further develop soccer skills. Touches on the ball are abundant and we create an environment enjoyable to all participants and spectators. First day is orientation where we create teams and explain 5v5 rules. 6 weeks of fun 40-minute matches with a 12-minute development skill warm-up before each game. Every child receives long soccer socks. Schedules and more details will be provided at orientation. Visit vacasoccer.com for more information on our 5v5 league and to view our FAQ page. Shin guards are required. 707-474-8108.

Ages 7-8

102387	S	1/24-3/14	10:45am	\$71
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For Ages 9-10

102389	S	1/24-3/14	10:45am	\$71
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For Ages 11-12

102391	S	1/24-3/14	10:45am	\$71
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Instructor: Just4Kicks, inc.

Location: Arlington Park

For information call (707)469-4000 or (707)469-4020 or (707)469-6660

6th Grade Event

6th graders bring your friends and get your boogie on! This awesome event is open to all 6th grade Vacaville students. The event includes DJ music, dancing and games. Refreshments available at a nominal cost. Parent chaperones/volunteers needed. **For information, please call Josh at 469-6680.**

Only parent/guardian will be permitted to purchase tickets & proof of grade is required for ticket purchase for first time participants (Current school ID or last year's report card, STAR testing paperwork, yearbook photo showing child was a 5th grader during last school year).

A late pick up fee will be assessed for children who are picked up after 9:30 p.m.

Ugly Sweater Holiday Party - Registration Deadline 12/5

102312 F 12/12 7:00-9:30pm \$10

Welcome to the Future Electric Glow - Registration Deadline 1/9

102313 F 1/16 7:00-9:30pm \$10

Cupid's Bash - Registration Deadline 2/6

102314 F 2/13 7:00-9:30pm \$10

Late Fee: \$5 after registration deadline

Vacaville Teen Committee(VTC)

Grades 6-12

Get involved with planning activities for teens: dances, excursions, training, community issues, fundraising, etc. We are seeking serious and responsible teens who would like to get hands-on experience when it comes to event planning. Your civic involvement will look great on a resume or college application! Your creativity, past experience, social ability, and community spirit are needed to assist the Vacaville Teen program. A commitment is required and community hours will be earned when you participate with VTC. Applications are available at the McBride Center, Three Oaks and Ulatis Community Center. Space is limited. Interviews will be held prior to start of the committee term.

For more information, please contact Josh Bally, Program Specialist, at 469-6680 or joshua.bally@cityofvacaville.com

Location: McBride Center



NEW! Life Skills 101

Age 16+

This course is excellent for students, and newly single individuals that want to learn to manage the basics of life. Course topics include banking, managing credit cards, loans, paying bills, establishing a budget, healthy grocery shopping, responsibilities of owning a car, apartment rental applications and many other life skill subjects.

102498 S 1/17 10:00am-12:00pm \$28

102499 S 2/28 10:00am-12:00pm \$28

Instructor: Regina Whitaker

Location: Ulatis Community Center



Registration Locations & Hours

John A. McBride Center

91 Town Square Place
(707) 469-6660, Fax: (707) 469-6663
Monday - Friday, 8:30am-5:00pm

Three Oaks Community Center

1100 Alamo Drive
(707) 469-4020, Fax: (707) 469-4022
Monday - Friday, 8:00am-5:00pm
Saturday, 9:00am-12:00pm

Ulatis Community Center

1000 Ulatis Drive
(707) 469-4000, Fax: (707) 469-4012
Monday - Thursday, 8:00am-7:00pm
Friday, 8:00am-5:00pm



NEW! Teen Girls Self Defense Course

Ages 13-17

A self defense class geared for teenage girls, to protect themselves if any situation arises in which they need to defend themselves. This class is ONLY for girls, from 6-12th grades. Come learn from World Champion Master Greg Trumbull.

102537 F 1/9-2/6 6:00-7:00pm \$40

Location: McBride Center

Instructor: Master Greg Trumbull



SAT Prep - Introductory Class

Ages 14+

Learn study skills and develop a plan to take the SAT college exam. Gain knowledge of what to expect on test day; learn when and how to prepare for the test; get test schedule, deadlines and SAT testing locations.

101694 S 12/13 10:00am-12:00pm \$26

101695 S 1/24 10:00am-12:00pm \$26

101696 S 2/21 10:00am-12:00pm \$26

Location: Ulatis Community Center

Instructor: Regina Whitaker



Teen Improv Class

Ages 13-18

Interested in acting, comedy and want more confidence in giving a class presentation? This fun new class for teens gets your teen to get creative! They will learn to think on their feet, the craft of improv, character development, cooperation and leadership all while having fun and being silly. The 5 week program ends with a performance for friends and family. Learn from instructor Josh Bally whose credits include Muno from the hit show Yo Gabba Gabba!, numerous TV shows and theatrical productions, and trains at Blacktop Comedy.

102464 W 1/14-2/11 5:00-6:30pm \$49

Location: Ulatis Community Center



College Campus Tour

Grades 9-12

Want to go on a tour of a college campus? Take a trip with the Teen Program to visit the University of California, Davis. We will explore the campus on a guided tour with a stop at the beautiful Arboretum. Come join us and have a blast!

102465 M 1/19 10:00am-5:00pm \$45

Location: McBride Center (departure)

Driver's Education On-Line

Ages 15-17

Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion (OL237)-required for teens under 17 ½ years old to obtain a learner's permit and driver's license. Students can study from the convenience of home, learn at their own pace, start where they've left off and take the final exam as many times as needed. A licensed instructor is available to answer any questions. Registration is continuous, sign up any time. After registering online, please call 469-6660.

96182 Continuous \$49

Instructor: Safety Driver's Ed






www.facebook.com/VacavilleRec
follow us: @VacavilleRec

For Computer Classes, see page 33.

PAL (Police Activities League)

"Building the bond between cops and kids"

Vacaville PAL Frequently asked Questions

"Everyone needs a PAL"

Who can participate in PAL?

All kids between the ages of 7-18 can participate in the PAL program.

How do I sign up?

A membership application can be found on the website and once completed can be sent to the PAL office, located in the McBride Center at 91 Town Square Place, Vacaville, Ca 95688.

Please visit our website at: www.vacavillepal.com or call (707)469-6674. Follow us on Facebook for program updates and reminders!

What is the PAL Leadership Program?

This program is for teens seeking leadership opportunities. PAL Teen Leaders help run fund-raisers, volunteer in community-based projects and programs, and through active participation are provided the opportunity to attend leadership conferences and seminars.

Trips this quarter include:

- Holiday Party
- Candy Cane Lane
- Outdoor Ice Skating
- Snow Play Day
- Rocknasium
- Jump Highway

Vacaville PAL
91 Town Square Place
Vacaville, California 95688
707-469-6674
www.vacavillepal.com



Billiard Classes

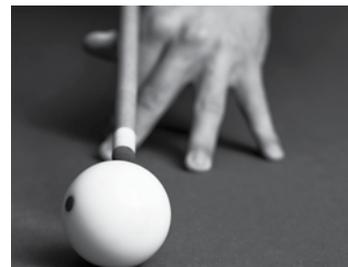
Age 10+

Learn to play by the rules and develop winning methods or transform your own pool game. This complete range of pool clinics and billiard workshops is designed to improve the skill level of every player. One-on-one instruction at the Cue U Pool Workshop assures maximum improvement for each participant.

Adult & Child - Ages 10+

96096	S	12/13	9:30-11:30am	\$29
96097	S	1/10	9:30-11:30am	\$29
96098	S	2/14	9:30-11:30am	\$29
95861	W	9/3-9/17	5:30-6:30pm	\$29
95865	W	10/1-10/15	5:30-6:30pm	\$29
95869	W	11/5-11/19	5:30-6:30pm	\$29

Instructor: Malcolm Campbell (California Shorty)
Location: McBride Center



PAL Movie Review

Ages 7-18

Love to watch movies? We will call the week of and let you know the movie selection and times, then write your review! All reviews will be posted on PAL's Facebook. Pick up and drop off at Brenden Theatre.

102304	W	12/10	3:00-5:00pm	\$10	102306	W	1/7	3:00-5:00pm	\$10	102308	W	2/4	3:00-5:00pm	\$10
102303	W	12/10	3:00-5:00pm	\$5	102305	W	1/7	3:00-5:00pm	\$5	102307	W	2/4	3:00-5:00pm	\$5

Location: Brenden Theatre

PAL (Police Activities League)

Georgie Duke Boxing

Ages 8-18

Train with the PAL coaching staff. This class has additional tournaments and events that participants may attend. These students need approval from the Boxing Instructor before enrolling.

Beginner

101984	MWF	12/1-2/27	4:00-5:15pm	\$35
101982	MWF	12/1-2/27	4:00-5:15pm	\$15

Intermediate

101981	M-F	12/1-2/27	4:00-7:00pm	\$40
101983	M-F	12/1-2/27	4:00-7:00pm	\$20

Location: Georgie Duke Sports Center



PAL Study Buddies

Ages 7-18

Need a study buddy to help you get through your homework? Our mentors will help with homework and participate in fun activities with their mentee.

102292	M	12/1-2/16	3:30-5:30pm	FREE
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Location: McBride Center

PAL Art Academy

Ages 7-18

Do you have a creative side? Join us twice a month to explore different Art techniques.

102323	Th	12/4-2/19	3:30-5:30pm	\$10
102324	Th	12/4-2/19	3:30-5:30pm	\$5

Location: McBride Center

PAL Paintball

Ages 10-18

Operation paintball at Midway in Vacaville. Make sure to wear long pants/layered clothing that can get dirty. Wear cleats, tennis shoes, and gloves. **MUST SIGN WAIVER.** Please bring a lunch.

102293	Su	12/7	12:30-4:00pm	\$20
102294	Su	12/7	12:30-4:00pm	\$5
102295	Su	1/4	12:30-4:00pm	\$20
102296	Su	1/4	12:30-4:00pm	\$5
102297	Su	2/1	12:30-4:00pm	\$20
102298	Su	2/1	12:30-4:00pm	\$5

Location: Midway Paintball

PAL Judo

Ages 8-18

Learn the techniques and discipline of Judo from Sensei G. Makimoto and Sensei L. Makimoto. This class meets on Tuesdays and Thursdays. Instructors only accept new participants the first 2 weeks of the quarter.

101987	TTh	12/2-2/26	5:30-7:00pm	\$30
101988	TTh	12/2-2/26	5:30-7:00pm	\$15

Location: McBride Center

PAL Chef's

Ages 7-18

PAL Chef's will work in a commercial kitchen! PAL will provide all equipment and food. Bon Appetit!

102320	T	12/16-2/17	3:30-5:30pm	\$10
102321	T	12/16-2/17	3:30-5:30pm	\$5

Location: McBride Center



PAL Bowling

Ages 10-18

Continue training with the PAL coaching staff. This class has additional tournaments & events that participants may attend.

102525	W	12/3	3:00-5:00pm	\$10
102526	W	12/3	3:00-5:00pm	\$5
102528	W	1/21	3:00-5:00pm	\$10
102529	W	1/21	3:00-5:00pm	\$5
102531	W	2/18	3:00-5:00pm	\$10
102532	W	2/18	3:00-5:00pm	\$5

Location: Starz Recreation Center

PAL Feast with the Finest

Ages 7-18

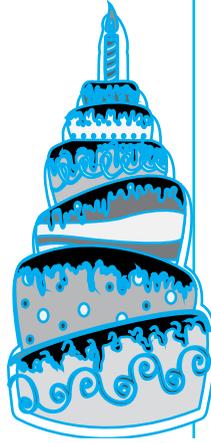
Come take a tour of Vacaville's Police Department and then and enjoy a snack after the tour.

102302	W	12/17	3:00-5:00pm	FREE
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Location: Vacaville Police Department

Gymnastics Birthday Packages

Happy Birthday to You! Choose from a variety of stress-free birthday party packages and leave the planning to us! Let Vacaville Gymnastics host your child's birthday celebration, playgroup activity, or sports party. All of our parties are two hours long, include a table and chair set-up, and are for 20 kids. Each child over 20 is an additional \$8. Extra pit time can also be purchased for \$20 per 30 minutes.



Choose your package today and reserve and pay for your party at one of our registration facilities.

For more information please call 449-6101 or e-mail us at GymParties@cityofvacaville.com.

Platinum Package \$275

All platinum options include unlimited pit time, two extra large Round Table pizzas, 3 drinks, and 30 cupcakes from Sam's Club. Choose one of the following for \$275: Glow Party (pre-approval needed), Princess Party, Double the Food & Drinks, or Unlimited Kids.

Gold Package \$245

Includes paper products, 2 extra large Round Table pizzas, 3 drinks, 30 cupcakes from Sam's Club and 1½ hours in our foam pit.

Silver Package \$215

Includes paper products, 2 extra large Round Table pizzas, 3 drinks, and 1 hour in our foam pit.

Bronze Package \$185

Includes 30 minutes in our foam pit and table and chair setup.

Sunday Bronze Package - \$185

Weekday Bronze Package - \$155

Gymnastics

Open Gym Work Out

Age 15+

This open gym opportunity is for those who are interested in extra gymnastics practice and those interested in using our unique facility to work out and stay fit. You do not have to be enrolled in the gymnastics program to participate. Participants under 18 require adult consent.

Th 8:00-10:00pm \$5 at the door
Location: Vacaville Recreation Center

Open Gym for Little Ones

Ages 1-6

Bounce around and get your wiggles out with us. You and your little one can drop in and have fun together while staying active and fit. Open Gym ages are extended for children over age six that are under the supervision of a parent/guardian with the approval of Vacaville Gymnastics staff. Children require adult chaperone.

TTh 12:00-2:00pm \$5 child, \$1 Adult
Location: Vacaville Recreation Center

Family Fun Night

All Ages

Our facility is open for you and your family to play. Children 5 and under require an adult chaperone out on the floor. Individuals under the age of 18 must have adult consent.

F	12/5	6:00-8:00pm	\$10 per family of 3 or less
F	12/19	6:00-8:00pm	\$10 per family of 3 or less
F	1/16	6:00-8:00pm	\$10 per family of 3 or less
F	2/6	6:00-8:00pm	\$10 per family of 3 or less
F	2/20	6:00-8:00pm	\$10 per family of 3 or less

Each additional member is \$5

**NEW! "Drive Through Dinner Fund-raiser
benefiting the Vacaville Gymnastics programs".**

December 17th from 5:30-7:00pm

For ticket information contact 469-4033.

Thank you in advance for supporting the
Vacaville Gymnastics programs.

NEW! Homeschool Gymnastics Course

Ages 7-12

Join other home school friends for some activities and a learning adventure! This is real gymnastics...forward and backward rolls, handstands and cartwheels! Gymnasts learn exciting new skills on the trampoline, bars, beam and floor! This is a 6 week course for all skill levels.

102118	MW	11/17-12/22	10:00-11:00am	\$72
102236	MW	1/5-2/11	10:00-11:00am	\$96
102117	TTh	11/18-12/23	10:00-11:00am	\$64
102235	TTh	1/6-2/12	10:00-11:00am	\$96
Location: Vacaville Recreation Center				

Beginning Tumbling

Ages 7-17

This class starts with the basics and provides a great foundation for those who are interested in gymnastics, cheer, or dance. Great for overall fitness, flexibility, and coordination.

102052	T	11/18-12/23	6:00-7:00pm	\$55
102170	T	1/6-2/10	6:00-7:00pm	\$65
102053	W	11/19-12/17	6:00-7:00pm	\$33
102171	W	1/7-2/11	6:00-7:00pm	\$65
Location: Vacaville Recreation Center				

Power Tumbling

Ages 7-17

This is a tumbling class focusing on floor and trampoline work. This class is perfect for anyone looking to enhance their tumbling skills or focus on a particular skill, like the back handspring.

102154	M	11/17-12/22	7:00-8:15pm	\$59
102155	W	11/19-12/17	7:00-8:15pm	\$35
102272	M	1/5-2/9	7:00-8:15pm	\$70
102273	W	1/7-2/11	7:00-8:15pm	\$70
Location: Vacaville Recreation Center				



Gymnastics & Cheer Private & Semi-Private Lessons

All Ages

Does your child learn better in a one-on-one class setting? We provide private and semi-private lessons to fit your busy schedule. You receive 6 lessons per package that are 45 minutes in length. Semi-private lessons are for two or more participants. Single lessons are available for \$30 each. Please contact 449-6101 before registration.

Private Lessons

102156	11/17-12/23	\$150
102274	1/5-2/15	\$150

Semi-Private Lessons

102165	11/17-12/23	\$75
102283	1/5-2/15	\$75

Location: Vacaville Recreation Center



Pre-Team Series

This series of classes is designed for students interested in, and capable of, working towards competitive gymnastics. These classes represent Jr. Olympic levels 1 through 3. Participation is by invitation only. If interested in an evaluation, please call 449-6101.

Lil'Vipers - Ages 2-3

102136	MW	11/17-12/22	3:00-3:45pm	\$77
102254	MW	1/5-2/11	3:00-3:45pm	\$115

Girls Pre-Team A - Ages 3-5

102114	TTh	11/18-12/23	3:30-4:30pm	\$90
102232	TTh	1/6-2/12	3:30-4:30pm	\$135

Girls Pre-Team B - Ages 5-6

102115	TTh	11/18-12/23	4:30-6:00pm	\$108
102233	TTh	1/6-2/12	4:30-6:00pm	\$162

Girls Pre-Team C - Ages 7-12

102116	TTh	11/18-12/23	6:00-7:30pm	\$108
102234	TTh	1/6-2/12	6:00-7:30pm	\$162

Boys Pre-Team A - Ages 3+

102503	TTh	11/18-12/23	3:30-4:30pm	\$90
102504	TTh	1/6-2/12	3:30-4:30pm	\$135

Boys Pre-Team B - Ages 4+

102505	TTh	11/18-12/23	4:30-6:00pm	\$108
102506	TTh	1/6-2/12	4:30-6:00pm	\$162

Boys Pre-Team C - Ages 5+

102507	TTh	11/18-12/23	6:00-7:30pm	\$129
	F		3:45-5:45pm	
102508	TTh	1/6-2/13	6:00-7:30pm	\$210
	F		3:45-5:45pm	



Vacaville Gymnastics Girls & Boys Team Program

Vacaville Gymnastics Team members learn the routines and skills required to compete in the USA Gymnastics Junior Olympic (JO) program. They spend much of their time gaining strength, flexibility and learning the skills necessary to compete with confidence.

Gymnastics

Rolly Pollies - Ages 1-2

This class provides a safe, fun, and unique way to bond with your tot! Children explore creative movement while increasing fine and gross motor skills. The emphasis is on socialization and group activity. This class also provides an opportunity for the parent/guardian to learn how to assist their tot in the use of gymnastics equipment. Parent/guardian participation is required.

Class Title Day/Times	Session I 11/17-12/22	Session II 1/5-2/9
ROLLY POLLIES - AGES 1-2		
M 9:00-9:45am	102157- \$48	102275- \$57
T 10:00-10:45am	102158- \$48	102276- \$57
T 3:00-3:45pm	102159- \$48	102277- \$57
W 9:00-9:45am	102160- \$38	102278- \$57
F 9:00-9:45am	102163- \$29	102281- \$57
S 9:00-9:45am	102164- \$29	102282- \$57

Climbing Caterpillars

- Ages 2-3

Children will explore movement and increase coordination through climbing, jumping, swinging, and tumbling. Children enhance motor skills and are given the opportunity to socialize with children the same age.

Parents/guardians are given the opportunity to learn to help their tot use gymnastics equipment in a safe and fun environment.

Class Title Day/Times	Session I 11/17-12/22	Session II 1/5-2/9
Climbing Caterpillars - Ages 2-3		
M 10:00-10:45am	102081- \$48	102199- \$57
T 11:00-11:45am	102082- \$48	102200- \$57
T 4:00-4:45pm	102083- \$48	102201- \$57
W 10:00-10:45am	102084- \$38	102202- \$57
F 10:00-10:45am	102087- \$29	102205- \$57
S 10:00-10:45am	102088- \$29	102206- \$57

Thank you for supporting the Summer Showcase Fund-raiser!

Thanks to our parents, families, and sponsorships, The Gymnastics Summer Showcase Fund-raiser was a huge success. Watch for our Spring Fling Showcase coming soon!



Preschool Series - Ages 3-6

This fun and exciting series of classes is progressive and designed for children ages 3-6. Children begin their adventure as a Bouncing Bear where the focus is on the basic building blocks of gymnastics. As your child increases in skill level they will move on to become a Jumping Jaguar where they will continue to increase strength, flexibility, and balance and strive to become kings and queens of the jungle as a Tumbling Tiger. Instructor consent is required prior to enrollment for Jumping Jaguars and Tumbling Tigers.

Preschool Series

Class Title Day/Times	Session I 11/17-12/22	Session II 1/5-2/9
BOUNCING BEARS - AGES 3-6		
M 11:00-11:45am	102054- \$48	102172- \$57
M 4:00-4:45pm	102055- \$48	102173- \$57
M 5:00-5:45pm	102056- \$48	102174- \$57
T 9:00-9:45am	102057- \$48	102175- \$57
T 4:00-4:45pm	102058- \$48	102176- \$57
W 11:00-11:45am	102059- \$38	102177- \$57
W 4:00-4:45pm	102061- \$29	102179- \$57
Th 4:00-4:45pm	102063- \$29	102181- \$57
Th 5:00-5:45pm	102064- \$29	102182- \$57
F 11:00-11:45am	102065- \$29	102183- \$57
S 10:00-10:45am	102066- \$29	102184- \$57
S 11:00-11:45am	102067- \$29	102185- \$57

Preschool Series

Class Title Day/Times	Session I 11/17-12/22	Session II 1/5-2/9
LEAPING LEOPARDS - AGES 3-5		
M 9:00-9:45am	102127- \$48	102245- \$57
M 4:00-4:45pm	102128- \$48	102246- \$57
M 5:00-5:45pm	102129- \$48	102247- \$57
T 10:00-10:45am	102130- \$48	102248- \$57
T 5:00-5:45pm	102131- \$48	102249- \$57
W 4:00-4:45pm	102132- \$29	102250- \$57
W 5:00-5:45pm	102133- \$29	102251- \$57
S 9:00-9:45am	102134- \$29	102252- \$57
JUMPING JAGUARS - AGES 3-6		
M 10:00-10:55am	102120- \$67	102238- \$80
M 5:00-5:55pm	102121- \$67	102239- \$80
W 3:00-3:55pm	102122- \$40	102240- \$80
W 6:00-6:55am	102123- \$40	102241- \$80
Th 4:00-4:55pm	102124- \$40	102242- \$80
S 9:00-9:55am	102126- \$40	102244- \$80
TUMBLING TIGERS - AGES 3-6		
M 11:00-11:55am	102166- \$67	102284- \$80
M 3:00-3:55pm	102167- \$67	102285- \$80
W 5:00-5:55pm	102168- \$40	102286- \$80
S 10:00-10:55am	102169- \$40	102287- \$80



NEW! Cheerleading

Vacaville Gymnastics is excited to introduce our new cheerleading classes! These classes cover it all and are great for those who may want to pursue high school cheerleading or competitive cheerleading some day. Areas of focus include motions, jumps, tumbling, sideline cheers, and dance routines.

Beginners I - Ages 5-8

102077	M	11/17-12/22	5:00-5:55pm	\$67
102195	M	1/5-2/9	5:00-5:55pm	\$80

Beginners II - Ages 9-14

102078	M	11/17-12/22	6:00-6:55pm	\$67
102196	M	1/5-2/9	6:00-6:55pm	\$80

Intermediate I - Ages 5-8

102079	W	11/19-12/17	5:00-6:25pm	\$55
102197	W	1/7-2/11	5:00-6:25pm	\$110

Intermediate II - Ages 9-14

102080	W	11/19-12/17	6:30-8:00pm	\$55
102198	W	1/7-2/11	6:30-8:00pm	\$110



Pom & Dance

Ages 3-8

Come burn some energy at our NEW pom-pom dance class. Children will learn basic jazz fundamentals including leaps, kicks and turns. These new skills will be incorporated into short fun dances during each class. This class is perfect for children who love to dance and would like to learn some new moves to show off to family and friends! Price includes your very own set of pom-poms to take home!

Ages 6-8

102143	M	11/17-12/22	5:00-5:45pm	\$63
102261	M	1/5-2/9	5:00-5:45pm	\$75

Location: Vacaville Recreation Center

School Age Series - Ages 6-17

These classes are progressive and help to develop physical fitness and self confidence. Our program is based on the USAG Jr. Olympic Program and follows USAG guidelines. These classes are non-competitive and achievement oriented. All participants must begin by enrolling in our Beginners classes. Instructor consent is required for all other school age class offerings.



School Age Series

Class Title		Session I	Session II
Day/Times		11/17-12/22	1/5-2/9
GIRLS BEGINNERS - AGES 6-17			
M	4:00-4:55pm	102096 - \$67	102214 - \$80
M	6:00-6:55pm	102097 - \$67	102215 - \$80
T	4:00-4:55pm	102098 - \$67	102216 - \$80
T	5:00-5:55pm	102099 - \$67	102217 - \$80
W	4:00-4:55pm	102100 - \$40	102218 - \$80
W	6:00-6:55pm	102101 - \$40	102219 - \$80
Th	4:00-4:55pm	102102 - \$40	102220 - \$80
Th	5:00-5:55pm	102103 - \$40	102221 - \$80
S	11:00-11:55am	102104 - \$40	102222 - \$80
BOYS BEGINNERS - AGES 5-12			
M	4:00-4:55pm	102070 - \$67	102188 - \$80
T	4:00-4:55pm	102072 - \$67	102190 - \$80
W	5:00-5:55pm	102071 - \$40	102189 - \$80

School Age Series

Class Title		Session I	Session II
Day/Times		11/17-12/22	1/5-2/9
GIRLS ADVANCED BEGINNERS - AGES 6-17			
M	5:00-5:55pm	102288 - \$67	102289 - \$80
T	5:00-5:55pm	102090 - \$67	102208 - \$80
T	6:00-6:55pm	102091 - \$67	102209 - \$80
W	4:00-4:55pm	102092 - \$40	102210 - \$80
Th	4:00-4:55pm	102095 - \$40	102213 - \$80
Th	6:00-6:55pm	102093 - \$40	102211 - \$80
S	11:00-11:55am	102094 - \$40	102212 - \$80
BOYS ADVANCED BEGINNERS - AGES 6-12			
W	4:00-4:55pm	102068 - \$40	102186 - \$80
Th	5:00-5:55pm	102069 - \$40	102187 - \$80

School Age Series

Class Title		Session I	Session II
Day/Times		11/17-12/22	1/5-2/9
GIRLS INTERMEDIATE - AGES 6-17			
M	6:00-7:30pm	102105 - \$92	102223 - \$110
T	6:00-7:30pm	102106 - \$92	102224 - \$110
Th	6:00-7:30pm	102108 - \$55	102226 - \$110
BOYS INTERMEDIATE - AGES 6-17			
Th	6:00-7:30pm	102073 - \$55	102191 - \$110
GIRLS INTERMEDIATE ADVANCED - AGES 6-17			
MW	6:00-7:30pm	102109 - \$104	102227 - \$155
TTh	6:00-7:30pm	102110 - \$104	102228 - \$155
BOYS INTERMEDIATE ADVANCED - AGES 6-17			
TTh	6:00-7:30pm	102074 - \$104	102192 - \$155

Aquatics

Water Fitness

Deep Water Exercise

M-F 8:00-8:55am

Deep Water Aerobics combines a non-impact, full body workout to challenge all participants. Improve your strength, endurance, flexibility, and well being in this exhilarating 55 minute class. Aqua belts and barbells are available on a first come, first served basis.

Lap Swim Hours

M-Th 5:30-8:00am
11:00am-1:00pm
7:30-9:00pm
F 5:30-8:00am
11:00am-1:00pm

SSu 11:00am- 1:00pm

Swimming laps helps burn calories and tone muscles. Give it a try and see what an unbelievable and effective workout you will receive. Kick board availability on a first come-first serve basis. Bring your own fins, goggles and pull buoys. Circle swimming may be required depending on the lane availability.

Lap Swim & Water Fitness Costs

Purchase a Swim/Aerobics pass at Three Oaks, Ulatis, and McBride Community Centers.

Age	Per Visit	Fitness Passes
13-54	\$6	13-54: 5 visits - \$25
		10 visits - \$50
		30 visits - \$120
55/up	\$5	55/up: 5 visits - \$20
		10 visits - \$40
		30 visits - \$90

Adult Fitness Pass

Our water fitness opportunities provide an excellent aerobic workout in a gravity free environment that is easy on the joints, and promotes strength and flexibility. 30, 10 or 5 visit passes available for purchase at Three Oaks, Ulatis, and McBride Community Centers. Passes are non-refundable if lost or stolen.

Water Aerobics

M-S 9:00-10:00am
M-Th 7:00-8:00pm

Water Aerobics is designed to be a fun gravity free workout which uses the resistance of water to provide strength training and aerobic conditioning through a full range of motion for people of all fitness levels. Aqua belts and barbells are available on a first come, first served basis.

Lifeguarding Training

Ages 15+

Have you thought about becoming a Lifeguard? Lifeguards provide safety and security to aquatic participants and are first responders who must know adult, child and infant CPR, pool and water safety rescues, as well as first aid and emergency response procedures. Participants interested in enrolling must be at least 15 years old by the end date of the course. All participants are required to pass a pre-course swimming test during the first class and pass both a written and skill test prior to obtaining certifications. Those who successfully complete the course will receive certifications for the American Red Cross Lifeguard Training, CPR for the Professional Rescuer, and First Aid.

96000	SSu	1/10-1/18	9:00am-5:00pm	\$200
96001	M-Th	2/23-2/26	9:00am-3:00pm	\$200
102291	M-Th	4/6-4/9	9:00am-3:00pm	\$200

POLAR BEAR PLUNGE!

Saturday, January 3, 2015

10:00am – 12:00pm

Course barcode #102524

Ring in the New Year with family and friends and brave the cold at the Polar Bear Plunge! Join us at Graham Aquatic Center and come splash around in Frosty's Castle, jump into the Chilly Tank and ride the Arctic Slide. There will be a costume contest and hot cocoa and treats to warm you up after you take the plunge. Pre-registration by December 19th is guaranteed a Polar Bear Plunge T-shirt. For more information before you take the plunge call 469-4030.

Fees:

- \$ 10 Pre Registration
- \$ 32 Group of 4 w/ Pre Registration
- \$ 12 at the Door
- \$ 3 Spectator Fee

Pool Closure

The pool will be closed the following days due to holidays and special events. No Programs will be conducted.

November 27, 28

December 24, 25, 31

January 1-4

February 21, 22



Adult Sports & Fitness

Die Hard Softball League

Age 18+

Want to get some exercise and meet new friends? Come and join the die-hard winter softball league. Each team is guaranteed a minimum of 7 games, plus possible playoff games. Get your glove, cleats, and bat and come out and join the fun.

Registration Deadline 11/21

Late Registration 11/24

Managers Meeting 11/25 - 5:30pm - Three Oaks

96178 SuT 12/2-12/21 Coed \$475

96179 MTTh 12/1-12/22 Men \$475

96180 WF 12/3-12/19 Women \$475

Location: Nelson Park

Late Fee: \$40 after registration deadline

Flag Football League

Ages 18+

Come out and play one of the most exciting brands of football around. This 5-on-5, non-contact passing league opens the field for lots of scoring. Everyone is eligible in this league and with smaller rosters than regular football everyone can be a 'two-way ironman' to get plenty of exercise.

Registration Deadline 1/12

Late Registration Deadline 1/19

Managers Meeting – 1/21 - 5:30pm - Three Oaks

96198 Su 1/25-3/29 385

Location: Al Patch Football Field

Late Fee: \$35 after registration deadline

Volleyball League

Age 18+

Bump, Set, and Spike yourself up for a great time playing in one of our volleyball leagues! Our league provides physical fitness opportunities and camaraderie in a fun, competitive environment, so bring a friend, get some exercise and have fun! Each team is guaranteed a minimum of 7 games, plus possible playoff games.

Registration Deadline 1/26

Late Registration Deadline 2/2

Managers Meeting – 2/4 - 5:30pm - Three Oaks

102356 M 2/9-4/6 Women \$275/team

102355 Th 2/12-4/2 Coed \$275/team

Location: Vacaville Recreation Center

Late Fee: \$25 after registration deadline

2015 Winter Session (December - February)

Georgie Duke Sports Center

720 E. Monte Vista Ave

FOR INFORMATION CALL 707-449-6285
DAYS AND TIMES ARE SUBJECT TO CHANGE.

SPORT	AGE	DAY	TIME	COST
BASKETBALL	12-17	M-Th F	3:00-6:00pm 3:00-5:00pm	\$3 - Adults; \$2 - Youth
	18+	Su M-Th	10:00am-1:00pm 12:00-3:00pm	
	35+	Su M	6:00-9:00pm 6:00-9:00pm	
BADMINTON	18+	TTh F	8:00-11:45am 6:00-10:00pm	\$3 - Adults; \$2 - Youth
	18+	S	4:00-8:00pm	
	18+	Su	2:00-5:45pm	
Boxing	18+	M-Th	6:30-8:30pm	\$4
		F	6:30-8:30pm	\$3

Basketball League

Age 18+

Join the best adult 5 on 5 rec basketball league in Solano County. We welcome teams of all levels of competition. Our league features a full court, two officials, and brand new scoreboards. 'All-Star Week' breaks up the season and allows players to showcase their individual skills with prizes for top performers in 3-point, Skills, and Dunk competitions. Each team is guaranteed a minimum of 7 games, plus possible playoff games. Pick your night and come out and join the best basketball league around.

Registration Deadline 1/26

Late Registration Deadline 2/2

Managers Meeting - 2/4 - 6:00pm - Three Oaks

96085 T-Th 2/10-4/9 \$385/team

Location: Georgie Duke Sports Center

Late Fee: \$35 after registration deadline

American League of Cycling TS101

Ages 15+

Participants will learn to ride their bike safely and with confidence on multi-use paths, on road bike lanes and city streets. Students will learn basic maintenance including how to fix a flat tire, and what the ABC quick check is all about. The class is broken up into two days; one three hour classroom session covers bike maintenance, and one six hour session with three hours of playground drills and three hours of on road training for a total of nine hours.

95982	W	12/10	6:00-9:00p	\$20
	S	12/13	8:00am-2:00pm	
95983	W	1/14	6:00-9:00p	\$20
	S	1/17	8:00am-2:00pm	
95984	W	2/11	6:00-9:00p	\$20
	S	2/14	8:00am-2:00pm	
Instructor:	Robert Haran			
Location:	Ulatis Community Center			

Adult Sports & Fitness

Golf Classes

Age 18+

Play well, live well! The Community Services Department and Green Tree Golf Club have joined forces to offer a series of monthly golf lessons. The classes are designed for those who have not played, have had limited playing experience or have never taken "formal" instruction. They also serve as an excellent review for those who have not played for a season or two. Each student leaves having an understanding of the swing and knows how to self-correct.

96204 S 2/7-2/28 9:00-10:00am \$140
 Instructor: Sandra Karse
 Location: Green Tree Golf Course

Karate/Self-Defense

Age 14+

Looking to reduce stress and tension? This program is a perfect fit. Learn proper offensive and defensive karate maneuvers including blocks, grabs and kicks in this program designed to improve overall health and wellness.

Co-ed Karate

96081 M 1/5-3/23 6:00-8:00pm \$71
 96082 W 1/7-3/25 6:00-8:00pm \$71
 96083 MW 1/5-3/25 6:00-8:00pm \$141

Women's Self Defense

96084 Th 1/6-3/24 7:30-8:30pm \$51
 Instructor: Professor Alan Reyes & Staff
 Location: Three Oaks Community Center
 No class: 1/19, 2/16

NEW! Adult Sports & Fitness Insanity Class

Age 18+

Insanity is a revolutionary cardio-based total body conditioning program based on the principles of max-interval training. By using max-interval training, Insanity pushes the participant to new training heights, resulting in more calories burned, faster results, and a more efficient metabolism. Insanity's interval training is the pinnacle of cardiovascular training.

December - 6/30-minutes Classes

102335 MWF 12/1-12/29 8:30-9:00am
 102336 MWF 12/1-12/29 9:00-9:30am
 102337 MWF 12/1-12/29 9:30-10:00am
 102338 MWF 12/1-12/29 6:00-6:30pm
 102339 MWF 12/1-12/29 7:00-7:30pm
 102340 MWF 12/1-12/29 7:00-7:30pm

January - 6/30-minutes Classes

102341 MWF 1/5-1/30 8:30-9:00am
 102342 MWF 1/5-1/30 9:00-9:30am
 102343 MWF 1/5-1/30 9:30-10:00am
 102344 MWF 1/5-1/30 6:00-6:30pm
 102345 MWF 1/5-1/30 6:30-7:00pm
 102346 MWF 1/5-1/30 7:00-7:30pm

February - 6/30-minutes Classes

102347 MWF 2/2-2/27 8:30-9:00am
 102348 MWF 2/2-2/27 9:00-9:30am
 102349 MWF 2/2-2/27 9:30-10:00am
 102350 MWF 2/2-2/27 6:00-6:30pm
 102351 MWF 2/2-2/27 6:30-7:00pm
 102352 MWF 2/2-2/27 7:00-7:30pm

Month unlimited: \$50

6 class month pass: \$30

Daily drop in: \$7

Instructor: Anastasia McPherson

Location: Three Oaks Community Center

No class: 12/24, 12/31, 1/19, 2/16

NEW! Mindful Yoga & Meditation

Ages 18+

New course that offers clear instruction and guidance in gentle yoga postures sequenced to elicit relaxation in preparation for mindfulness-based meditation. No prior experience with yoga or meditation is required to participate or benefit from the class. All abilities are welcome. Drop-in available.

102489 W 1/7-1/28 6:00-7:00pm \$49
 102490 W 2/4-2/25 6:00-7:00pm \$49
 Instructor: Tina Clay, Registered Yoga Teacher
 Location: Ulatis Community Center

Core Fusion

Ages 18+

Core Fusion is a 30 minute full body workout that focuses on building core strength. Strong abs, back and obliques help you function better in everyday activities and can help keep back problems at bay. Participants need to bring resistance tubing and mat.

102332 TTh 12/2-12/30 8:45-9:15am
 102333 TTh 1/6-1/29 8:45-9:15am
 102334 TTh 2/3-2/26 8:45-9:15am
 Month unlimited: \$40
 Daily drop in: \$10
 Instructor: Kimberly Kincaid
 Location: Ulatis Community Center
 No Class: 12/25

Registration Locations & Hours

John A. McBride Center

91 Town Square Place
 (707) 469-6660, Fax: (707) 469-6663
Monday - Friday, 8:30am-5:00pm

Three Oaks Community Center

1100 Alamo Drive
 (707) 469-4020, Fax: (707) 469-4022
Monday - Friday, 8:00am-5:00pm
Saturday, 9:00am-12:00pm

Ulatis Community Center

1000 Ulatis Drive
 (707) 469-4000, Fax: (707) 469-4012
Monday - Thursday, 8:00am-7:00pm
Friday, 8:00am-5:00pm



Cardio Pilates

Age 13+

Participants progressively practice pilates exercises which strengthen core muscles, increase balance and flexibility. Cardio, breathing, concentration, body alignment, and stretching are emphasized.

95782	S	12/6-12/27	8:30-9:30am	\$49
95783	S	1/3-1/31	8:30-9:30am	\$61
95784	S	2/7-2/28	8:30-9:30am	\$49
Instructor: Rita Sommer, Certified Pilates Instructor				
Location: McBride Center				

Flow Yoga - Intermediate

Age 13+

This class is for individuals with at least six months of yoga practice or permission from the instructor. It continues one's yoga practice to the next level. Advanced poses will be introduced for strength, balance, and flexibility.

95791	T	12/2-12/23	6:30-8:00pm	\$53/\$41
95792	W	1/7-1/28	6:30-8:00pm	\$53/\$41
95793	W	2/4-2/25	6:30-8:00pm	\$53/\$41
Instructor: Rita Sommer, Certified Yoga Teacher				
Note: 1st fee - adults				
2nd fee - teen registering with an adult				

Tai Chi for Beginners

Age 12+

Learn the fundamentals of Tai Chi with easy to follow instructions in this introductory course. Students are guided through each movement step-by-step by Master Yeung as he helps you learn and understand Tai Chi. This is a great course to build a foundation for health and longevity.

95842	W	12/3-12/17	7:00-8:00pm	\$31
95843	W	1/7-1/28	7:00-8:00pm	\$41
95844	W	2/4-2/25	7:00-8:00pm	\$41
Instructor: William Yeung				
Location: Three Oaks Community Center				

Yoga Strength

Age 18+

Learn a variety of yoga poses with an emphasis on building strength and lean muscle in this class. There will also be a focus on increasing flexibility. No prerequisites are required for this class. All fitness levels are welcome.

101019	T	12/2-12/16	9:30-10:30am	\$31
101020	T	1/6-1/27	9:30-10:30am	\$41
101021	T	2/3-2/24	9:30-10:30am	\$41
Instructor: Kimberly Kincaid, AFAA Certified Personal Trainer				
Location: Ulatis Community Center				

Beginner's Hatha Yoga

Age 18+

This class provides safe instruction and opportunities to practice basic beginner yoga poses. Students gain knowledge, strength, and flexibility with consistent practice. No prior knowledge of yoga is needed. It is recommended that students comfortably be able to come down to the floor. Drop-in available.

96087	M	1/5-1/26	6:30-7:30pm	\$37
101279	M	2/2-2/23	6:30-7:30pm	\$37
Instructor: Tina Clay, Registered Yoga Teacher				
Location: Ulatis Community Center				
No Class: 1/19, 2/16				



Zumba

Age 15+

Forget your workout! Join the Party! ZUMBA® combines Latin and International music with a variety of dance styles, which are easy to follow, calorie burning, fun and effective! Come and shake your day's stress away and rejuvenate with ZUMBA FITNESS®! No dance experience necessary. Bring water, a towel and comfortable shoes with no grip on the bottom to get your groove on!

First class of the month is always free to newly interested participants!

101322	MW	December	6:00-7:00pm
101323	MW	January	6:00-7:00pm
101324	MW	February	6:00-7:00pm
Month unlimited: \$45			
5 class month pass: \$25			
Daily drop in: \$7			
Instructor: Claudia Cabrera			
Location: Ulatis Community Center			
No class: 12/24, 12/31, 1/19 & 2/16			

Hip Hop Dance & Exercise Class for Adults

Age 18+

Come on adults, it's our time to learn some basic Hip Hop dance styles with old school and new music. This is a fun class with lots of movement and exercise.

102481	T	1/13-2/17	6:15-7:15pm	\$56
Instructor: Renee Day Roa				

NEW! Mixed Media Art Classes

Ages 18+

Mixed Media Art

Come have fun and "play" in the world of mixed media art. We will be completing a canvas using many techniques and different supplies and materials. Our motto is: "It doesn't have to be perfect because there are no mistakes." Absolutely no experience necessary.

101809 W 1/7-1/28 6:30-8:30pm \$49

Art Layout Class

A fun and relaxing new art course with amazing results! Let's make a 12" x 12" layout suitable for your scrapbook or hanging on the wall. We will be learning unique mixed media techniques and using supplies in unusual ways with gorgeous colors. No experience necessary.

101812 W 2/4-2/11 6:30-8:30pm \$26

Instructor: Suzanne Bombard

Location: Ulatis Community Center

Material Fee: \$20 payable to instructor at 1st class



NEW! Art Journaling from the Heart

Ages 18+

Delve into the world of art journaling learning new easy techniques and using supplies you have around the house. Express yourself through art and words, with no rules, which is relaxing and inspiring. No painting or drawing skills necessary. Let's get our hands dirty and just have fun! Supply list available at time of registration.

101811 T 2/3-2/24 6:30-8:30pm \$49

Instructor: Suzanne Bombard

Location: Ulatis Community Center

Acrylic Painting

Age 12+

You can paint! Express yourself on canvas with beautiful acrylic colors for beginners and experienced students. Learn step-by-step how to paint a picture at your own pace and discover a fun and relaxing form of craft. Bring home your artwork to enjoy for years to come.

Ages 12-17

101634 Th 12/4-12/18 4:00-6:00pm \$51

101635 Th 1/8-1/29 4:00-6:00pm \$67

101636 Th 2/5-2/26 4:00-6:00pm \$67

Material Fee: \$25 payable to instructor at 1st class

Adults

101628 M 12/1-12/22 10:00am-12:30pm \$87

101629 M 1/5-1/26 10:00am-12:30pm \$87

101630 M 2/2-2/23 10:00am-12:30pm \$87

101631 M 12/1-12/22 6:00-8:30pm \$87

101632 M 1/5-1/26 6:00-8:30pm \$87

101633 M 2/2-2/23 6:00-8:30pm \$87

Instructor: Deborah Gloria

Location: Ulatis Community Center

Material Fee: \$35 payable to instructor at 1st class



Direct to You Online Dance Classes

Ages 10+

Tap in Motion - Basics 101

Learn the fundamentals of tap dance, while improving your coordination and strength. Enjoy dancing and exercising in your own home or space of your choice. Tap shoes are helpful, but not required.

101654 T 1/13-2/17 24/7 \$41

101655 T 3/10-4/14 24/7 \$41

Dogs Really Can Dance!

Enjoy training basic obedience moves and more set to music! Learn how your body communicates to your dog in a language that they understand. Instructor Miss Judy created Dogs Can Dance™ in the year 2000 and was the dog dance choreographer for the hit movie "Doggie B"!

101658 T 1/13-2/17 24/7 \$41

101659 T 3/10-4/14 24/7 \$41

My Baby & Me!

A great in-home activity for children to develop motor skills through simple stretches, exercises and tap routines set to music. This is an introductory ballet and tap dance class for ages 2 through 5 with adult participation.

101656 T 1/13-2/17 24/7 \$41

101657 T 3/10-4/14 24/7 \$41

Video lessons come to your email in-box every Tuesday for six weeks.

Instructor: Judy Gamet

Ballet/Tap Dance Basics

Ages 4-6

Students learn ballet, tap, and tumbling basics along with the terminology. All students are invited to perform in the annual recital.

96175 W 12/3-12/17 1:45-2:45pm \$31
 96176 W 1/7-1/28 1:45-2:45pm \$41
 96177 W 2/4-2/25 1:45-2:45pm \$41
 Instructor: Hope Nemie
 Location: Three Oaks Community Center



Ballet Classes Ages 3-18

Butterfly Ballet Ages 3-5

This is an exciting introduction to the world of ballet designed for the young beginner. Using imagination to re-enact ballet movement, the main goal is to help the student to enjoy the process of learning ballet by keeping it fun and encouraging. Feel free to allow your butterfly to wear a tutu or skirt to class!

101660 Th 12/4-12/18 6:10-6:55pm \$35
 101661 Th 1/8-1/29 6:10-6:55pm \$46
 101662 Th 2/5-2/26 6:10-6:55pm \$46
 100666 Th 12/4-12/18 4:30-5:15pm \$35
 100667 Th 1/8-1/29 4:30-5:15pm \$46
 100674 Th 2/5-2/26 4:30-5:15pm \$46

Beginning Ballet Ages 6-18

This class is an opportunity to understand the fundamentals of ballet and lays the ground work for all future dance training. The class is taught slowly and carefully in order to emphasize proper placement and posture. We begin to use ballet terminology for steps, properly utilize the Barre, and dance freely in the middle.

100665 Th 12/4-12/18 5:20-6:05pm \$42
 100664 Th 1/8-1/29 5:20-6:05pm \$56
 100663 Th 2/5-2/26 5:20-6:05pm \$56
 Instructors: Laura Tenbrink
 Location: McBride Center Dance Studio

Intermediate Ballet Ages 9-18

Dance students continue the exploration of proper ballet technique and terminology visited in the beginner class. Furthering the focus on placement of the head, body, and arms, we will develop necessary muscle memory at the Barre for center dancing.

100673 MW 12/1-12/17 4:15-5:45pm \$95
 100668 MW 1/5-1/28 4:15-5:45pm \$95
 100669 MW 2/2-2/25 4:15-5:45pm \$110
 No Class: 1/19 & 2/16

Advanced Ballet Ages 11-18

This level emphasizes development of technique, musicality, and proper placement. Full Barre and center exercises along with stretching exercises help students to gain strength and improve their flexibility. Throughout this course students develop self-discipline, poise and grace. Students enrolling in this level must have 3-5 years of dance experience.

101670 MWF 12/1-12/17 4:15-5:45pm \$105
 101671 MWF 1/5-1/30 4:15-5:45pm \$130
 101672 MWF 2/2-2/27 4:15-5:45pm \$143
 Instructors: Oxana Marin
 Location: McBride Center Dance Studio
 No Class: 1/19 & 2/16

Registration Locations & Hours

John A. McBride Center
 91 Town Square Place
 (707) 469-6660, Fax: (707) 469-6663
 Monday - Friday, 8:30am-5:00pm

Three Oaks Community Center
 1100 Alamo Drive
 (707) 469-4020, Fax: (707) 469-4022
 Monday - Friday, 8:00am-5:00pm
 Saturday, 9:00am-12:00pm

Ulatis Community Center
 1000 Ulatis Drive
 (707) 469-4000, Fax: (707) 469-4012
 Monday - Thursday, 8:00am-7:00pm
 Friday, 8:00am-5:00pm

Music4Everyone has partnered with Community Services to provide a multitude of music classes. Classes are progressive and repeatable and taught by Lone Romagosa, BA Music, MS Education. **All classes require a one-time \$15 materials fee at first class meeting and are held at Three Oaks Community Center. No classes held on 1/19 & 2/16.**

Strings-R-Fun Violin, Viola, Cello & Bass

Ages 5+

Great way to start playing a string instrument! Play solo songs and fun ensemble music. Students learn technique and musical notation and play popular tunes with accompaniment. Strings-R-Fun Ensemble is for older beginners and intermediate players (adults and teens 15+). Younger students who have passed the beginning class will be promoted into the Strings-R-Fun Ensemble class. A string instrument (violin, viola, cello or bass) is required. Young Beginners class is violin only. Violins can be rented for an additional fee. Register a week in advance for rentals to assure availability.

Young Beginners, Ages 5-9

101969	M	1/5-1/26	3:30-4:30pm	\$46
101970	M	2/2-2/23	3:30-4:30pm	\$46

Kids/Teens Beginners, Ages 9-17

101972	M	1/5-1/26	4:30-5:30pm	\$46
101973	M	2/2-2/23	4:30-5:30pm	\$46

Strings R Fun Ensemble - 8-Adult

101975	M	1/5-1/26	6:00-7:00pm	\$46
101976	M	2/2-2/23	6:00-7:00pm	\$46

Violin Rental	\$25- 3 week session
	\$33- 4 week session
	\$41- 5 week session

Music Munchkins for Preschoolers

Ages 3-5

Introductory music class for young children. Play music games and sing traditional children's songs. Students learn to read notes and play rhythm instruments as well as keyboard, glockenspiel, marimba, and hand bells.

101795	Th	1/8-1/29	1:30-2:30pm	\$61
101796	Th	2/5-2/26	1:30-2:30pm	\$61

Piano Classes for Kids & Teens

Ages 5-Adult

Want to learn to play piano or keyboard? Here is your chance to play fun songs and learn to read music and chords. Students play both current music and classical tunes. Class includes piano technique, note reading, rhythms, theory, and orchestration. Having a keyboard instrument at home is not necessary for the level 1 class, but is required for all other levels.

Keyboard Kids Young Beginner ~ 5-7yrs

101865	T	1/6-1/27	3:30-4:30pm	\$61
101866	T	2/3-2/24	3:30-4:30pm	\$61

Keyboard Kids Level 1 ~ 8-17yrs

101871	W	1/7-1/28	3:30-4:30pm	\$61
101872	W	2/4-2/25	3:30-4:30pm	\$61

Keyboard Kids Level 2 ~ 7-17yrs

101874	W	1/7-1/28	4:30-5:30pm	\$61
101875	W	2/4-2/25	4:30-5:30pm	\$61

Keyboard Kids Level 3 ~ 7-17yrs

101853	W	1/7-1/28	5:30-6:30pm	\$61
101854	W	2/4-2/25	5:30-6:30pm	\$61

Keyboard Kids Level 4-5 ~ 7-17yrs

101856	T	1/6-1/27	4:30-5:30pm	\$61
101857	T	2/3-2/24	4:30-5:30pm	\$61

Intermediate Piano ~ 8-17yrs

101859	T	1/6-1/27	5:30-6:30pm	\$61
101680	T	2/3-2/24	5:30-6:30pm	\$61

Advanced Piano ~ 8-17yrs

101862	W	1/7-1/28	6:30-7:30pm	\$61
101863	W	2/4-2/25	6:30-7:30pm	\$61



Choir Classes for Kids & Teens

Join the fun! Sing, act, and move with music. Students sing show tunes and other songs in unison and harmony. Learn stage presence and self-confidence, vocal and choral techniques, music literacy, and appreciation of music through a great choral repertoire. Students have an opportunity to try out for solos.

Music4Kids Choir, Ages 5-12

101777	Th	1/8-1/29	3:30-4:30pm	\$41
101778	Th	2/5-2/26	3:30-4:30pm	\$41

Young Singers Choir, Ages 10-17

101780	Th	1/8-1/29	4:30-5:30pm	\$41
101781	Th	2/5-2/26	4:30-5:30pm	\$41

Play4Fun Piano - Adults

Ages 18+

Have you always wanted to learn how to play the piano or keyboard or have a desire to get back into playing? Explore a variety of musical styles and keyboard skills within a small and supportive group setting. Course includes keyboard exercises that develop finger dexterity, music reading, notation, and theory. All levels are welcome.

101868	T	1/6-1/27	6:30-7:30pm	\$61
101869	T	2/3-2/24	6:30-7:30pm	\$61



Starbound Theatre *presents...* **Legally Blonde, The Musical**

Ages 12-18

Starbound Theatre is launching our Center Stage Teen Program starting with the hit musical Legally Blonde, Jr. Join Elle Woods as she shows that anyone can get into Harvard Law with strength, determination and a little pink! Everyone gets a part! Program will be on break from 12/21/14-1/2/15. Performances will be at the Vacaville Performing Arts Theatre from January 29-31. For more information visit www.starboundtheatre.com.

100598	TThF	12/9-1/24	4:30-7:30pm	\$100
	S	12/13-1/24	12:30-3:30pm	

Instructor: Starbound Staff
 Material Fee: \$150 due to instructor at 1st class
 Late Reg Fee: \$25 after 12/5/14
 Location: Ulatis Community Center

Western Line Dance Classes - Beginner & Intermediate

Ages 18+

If you have never done line dancing before this class will get you started. Learn the basic steps to most of the beginner's dances and then progress to the next level class.

Newcomers

101240	Th	12/4-12/18	1:00-1:30pm	\$16
101241	Th	1/8-1/29	1:00-1:30pm	\$21
101242	Th	2/5-2/26	1:00-1:30pm	\$21

Drop-in available, \$6/Newcomers

Exercise your mind and body while making friends on the dance floor. Beginners have fun learning basic line dances at a slow pace. Intermediate class follows with fast paced and high energy dances that increase confidence and knowledge. Students must know how to line dance to participate in intermediate portion of class.

Beginner & Intermediate

101246	Th	12/4-12/18	1:30-3:30pm	\$22
101247	Th	1/8-1/29	1:30-3:30pm	\$29
101248	Th	2/5-2/26	1:30-3:30pm	\$29

Drop-in available, \$8 Beg/Int

Instructor: Eve Holmes
 Location: Ulatis Community Center



Hip Hop Classes

Age 3+

A great class for youth to get up and get active! Many variations of popular Hip Hop styles are taught while challenging students to use their creativity and develop self-confidence in a fun environment. Sessions conclude with a performance the last week of classes.

Preschool - Ages 3-5 yrs

102475	S	1/10-2/21	11:00-11:45am	\$85
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Location: Three Oaks Community Center

Coed - Ages 6-9 yrs

102477	T	1/13-2/17	4:00-4:45pm	\$68
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Location: McBride Center

Beginners/Intermediate/Advanced - Ages 10-17 yrs

102479	T	1/13-2/17	5:00-5:45pm	\$68
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Location: McBride Center

Instructor: Renee Day-Roa

Tippy Two-Two's

Ages 2-3

Enhance your child's creativity with fun music, games and props. Children learn socialization skills, and gain self-confidence while having FUN! Great way to instill the love of music and dance in your little one's life.

102473	S	1/10-2/21	10:00-10:45am	\$90
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Instructor: Renee Day-Roa
 Location: Three Oaks Community Center



Princess Divas

Ages 3-6

Come join us for a magical journey as your child learns the basic steps of jazz, ballet, and lyrical moves along with creativity and coordination. Children will dance to princess and jazz music while wearing princess costumes.

102471	S	1/10-2/21	9:00-9:45am	\$80
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Instructor: Renee Day-Roa
 Location: Three Oaks Community Center

Cultural Arts



NEW! Vacaville Community Choir for Adults

Ages 18+

Learn the fundamentals of singing and performing different styles of music. Have fun singing your favorites and new songs. Gain lung capacity, a sense of community, and carry songs around in your heart. This is a great opportunity for socialization and self-expression through the use of music. All levels are welcome.

101966 M 1/5-1/26 7:00-8:30pm \$31
 101967 M 2/2-2/23 7:00-8:30pm \$31
 Instructor: Lone Romagosa, BA Music, MS Education
 Location: Three Oaks Community Center
 Material Fee: One time \$15 payable to instructor at 1st class

Private Voice Lessons

Ages 6-Adult

Student receives individual 30 minute lessons with applicable vocal techniques to aid and encourage them in all styles from classical through contemporary.

Mondays 3:00-5:00pm \$129/4-wk
 Instructor: Anna Combs-Johnson, Masters in Vocal Arts
 Material Fee: \$25 due to instructor at 1st class (one time fee)
 Location: McBride Center



Voice Lessons

Ages 6-Adult

Discover techniques in how to prepare and equip yourself to be the best Pop vocalist you can be. Vocal exercises, performances, and class participation are all part of the process to send you with confidence to any Pop venue.

Jr. Idol Prep - Ages 6-11

101383 T 12/2-12/30 4:30-5:25pm \$71
 101384 T 1/6-1/27 4:30-5:25pm \$57
 101385 T 2/3-2/24 4:30-5:25pm \$57

Teen Idol Prep - Ages 12-17

101386 T 12/2-12/30 5:30-6:25pm \$71
 101387 T 1/6-1/27 5:30-6:25pm \$57
 101388 T 2/3-2/24 5:30-6:25pm \$57

Vocal Lessons - Ages 18+

101389 T 12/2-12/30 6:30-7:25pm \$71
 101390 T 1/6-1/27 6:30-7:25pm \$57
 101391 T 2/3-2/24 6:30-7:25pm \$57

Instructor: Anna Combs-Johnson, Masters in Vocal Arts
 Materials Fee: \$25 (one time fee) due to instructor at 1st class

Location: McBride Center

Guitar Stars

Ages 5-Adult

Have you always wanted to learn how to play the guitar? Learn to play guitar in a fun, small class setting. Explore a variety of musical styles and guitar skills. Students play simple solo melodies and learn accompaniment styles. Class includes basic guitar technique, chords, and music notation. A guitar is required for this class. Guitar rental available - must register a week in advance for rentals to assure availability.

Young Beginners, Ages 5-9

101783 W 1/7-1/28 2:30-3:30pm \$61
 101784 W 2/4-2/25 2:30-3:30pm \$61

Kids/Teens, Ages 9-17

101786 Th 1/8-1/29 5:30-6:30pm \$61
 101787 Th 2/5-2/26 5:30-6:30pm \$61

Intermediate, Ages 8+

101790 Th 1/8-1/29 6:30-7:30pm \$61
 101791 Th 2/5-2/26 6:30-7:30pm \$61

Adult Classes, Ages 16+

101793 Th 1/8-1/29 7:30-8:30pm \$61
 101794 Th 2/5-2/26 7:30-8:30pm \$61

Instructor: Lone Romagosa, BA Music, MS Education
 Materials Fee: \$15 one-time fee
 Guitar Rentals: \$25/3 wks, \$33/4 wks, \$41/5 wks, \$49/6 wks



Active Aging Music Classes

For Ages 50+.

Classes are held at McBride Center and Three Oaks Community Center and are taught by Lone Romagosa BA Music, MS Education
\$15 one-time material fee payable to instructor at 1st class.

Young at Heart Chorus

Learn the fundamentals of singing and performing different styles of music. Sing all your favorites and have fun with new songs. For adults who want an active mind, good lung capacity, a sense of community and songs to carry around in their heart. All levels are welcome.

101769 Th 1/8-1/29 11:00am-12:00pm \$41
101770 Th 2/5-2/26 11:00am-12:00pm \$41
Location: McBride Center

StringsRFun

Great way to start playing a string instrument! Play solo songs and ensemble music. Students learn technique and musical notation and play popular tunes with accompaniment. A string instrument (violin, viola, cello, or bass) is required. Violins can be rented for an additional fee. Register a week in advance for rentals to assure availability.

101775 Th 1/8-1/29 10:15-11:00am \$41
101776 Th 2/5-2/26 10:15-11:00am \$41
Location: McBride Center

Music for Life - Piano Level 1,2 & 3

Have you always wanted to learn how to play the piano or keyboard or have a desire to get back into playing? Explore a variety of musical styles and keyboard skills within a small and supportive group setting. Course includes keyboard exercises that develop finger dexterity, music reading, notation, and theory.

Music for Life Piano Level 1 ~ 50+yrs

101759 T 1/6-1/27 9:30-10:15am \$41
100760 T 2/3-2/24 9:30-10:15am \$41

Music for Life Piano Level 2 ~ 50+yrs

100762 T 1/6-1/27 10:30-11:15am \$41
100763 T 2/3-2/24 10:30-11:15am \$41

Music for Life Piano Level 3 ~ 50+yrs

100766 T 1/6-1/27 11:30-12:15pm \$41
100767 T 2/3-2/24 11:30-12:15pm \$41

Location: Three Oaks Community Center

Guitar Class

Learn to play guitar in a fun, small class setting. Explore a variety of musical styles and guitar skills that strengthen your hands and fingers. Students play solo melodies and learn accompaniment styles. Class includes guitar technique, chords and music notation. A guitar is required for this class. Guitar rental is available - register a week in advance to assure availability.

101772 Th 1/8-2/29 9:30-10:15am \$41
101773 Th 2/5-2/26 9:30-10:15am \$41

Location: McBride Center

Private Music Lessons - Piano, Guitar, Strings & Theory

Ages 3+

Learn to play a keyboard, guitar or string instrument in a private lesson setting that allows the teacher to focus on the student's individual needs. Lessons include technique, note reading, rhythms, and preparation for performing. Violin and guitar rentals available. Call for times.

30 minute sessions M-F \$73/3-wks \$97/4-wks \$121/5-wks \$145/6-wks

Location: Lone Romagosa





Young Creators

Ages 8-13

Video Game Design

Impress friends and family with your unique video game! Beginners work in pairs and are introduced to fundamental game design elements including character creation, background design, and building a complete video game level. Advanced gamers learn new game design techniques including multiple character animations, platform style games, and multiple game genres.

101571 T 1/13-3/3 3:30-4:45pm \$125

Tech Builders:

App Design

The Freshi Media App Design class is a fun and exciting introduction for students who want to learn different aspects of computer based App Design. Utilizing Multimedia Fusion 2 software, students complete an app which combines fun game based elements and practical utility elements into their final project.

101572 Th 1/15-3/5 3:30-4:45pm \$125

Instructor: Freshi Media Staff

Location: Ulatis Community Center

NEW! Discovering the iArtist Within

Age 18+

In a supportive and fun environment students learn by instruction, demonstration, imitation, and hands-on experience how to create art on Apple iDevices (iPhone, iPad and/or iPod)". Discover how to use free and inexpensive apps to write, draw, paint, photograph, and compose, play music and videos with iDevices.

102440 Th 1/8-1/29 6:30-8:30pm \$25

102441 Th 2/5-2/26 6:30-8:30pm \$25

Instructor: Stephen Vale, BA Music

Location: Ulatis Community Center

Program Fees are subject to change.

Special Interest

Learn at your own pace and have six months of unlimited access to complete any of these courses.

Age 18+ - \$79

Register at languageauthority.com/cityofvacaville.

Conversational Online Language Courses

Conversational Dutch
Conversational French
Conversational German
Conversational Italian
Conversational Portuguese
Conversational Spanish-Latin America

Learn to speak and understand conversational Dutch, French, German, Italian, Spanish, and Portuguese. Become comfortable with conversational skills and not just words. Learn vocabulary to use when checking into your hotel, ordering at a restaurant, going out shopping, at a business meeting, plus much more.

Spanish - Professionals & Public Safety Online Courses

Increase your skills and become more employable in today's job market. These interactive, self-paced, audiovisual programs are designed for professionals to learn key phrases specific to several professions: Teachers, Health Care, Banking, Real Estate, EMS and Fire, Law Enforcement, Customer Service, and 911 Dispatch.

Mandarin Chinese for Business & Travel - Online Course

Mandarin Chinese provides easy to learn vocabulary and phrases to help you converse in a more relaxed, enjoyable way when you travel abroad for business or pleasure to China. When you have a basic understanding of a country's native language, you're more likely to discover enriching travel experiences not found in guidebooks and have more productive business endeavors.

NEW! Dig In, Clear Out, Let Go!

Age 18+

Ready to get those kitchen cupboards organized? How about that bedroom closet or the garage? Come and learn fundamental steps that help you start the process of getting your home to match the vision you have for it. Learn quick techniques that can help you get started right away.

101813 W 1/14-1/21 6:30-8:30pm \$55

101814 T 2/10-2/17 6:30-8:30pm \$55

Instructor: Pam Huseman, NAPO (National Association of Professional Organizers) Member

Location: Ulatis Community Center

NEW! Life Skills 101

Age 16+

This course is excellent for students, widows, and newly single individuals that want to learn to manage the basics of life. Course topics include banking, managing credit cards, loans, paying bills, establishing a budget, healthy grocery shopping, responsibilities of owning a car, apartment rental applications and many other life skill subjects.

102498 S 1/17 10:00am-12:00pm \$28

102499 S 2/28 10:00am-12:00pm \$28

Instructor: Regina Whitaker

Location: Ulatis Community Center

For information call (707)469-4000 or (707)469-4020 or (707)469-6660

Special Interest

Technology Development

Enhance your technology skills at McBride's Computer Center.

Materials Fee: \$5 for each of these computer classes

Instructor: Louise Bucci

NEW! Web Design

Age 18+

Learn to create a simple website with basic commands; uploading website to internet; learning how to create eye pleasing web pages.

101754	S	12/6-12/20	9:00-11:00am	\$69
101758	S	2/7-2/21	9:00-11:00am	\$69



Word

Age 15+

Learn up to 60 word processing commands in this hands-on course. Save your company or business time and money. Learn to work smarter and not harder by processing documents in a timely and efficient manner. You will be able to set margins, tabs and master the art of tables in Word.

Introduction

101749	M	1/5-1/26	6:30-8:30pm	\$69
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Students continue to learn more of the 70 word processing commands: implementing mail merge, columns, drop caps, templates, graphics, and preparing for functional projects and more.

Intermediate

101750	M	12/1-12/15	6:30-8:30pm	\$69
101751	M	2/2-2/23	6:30-8:30pm	\$69

NEW! Quicken

Age 18+

This course covers methods for working with electronic checkbooks, reconciling checkbooks, and creating reports for taxes. Students also learn how to input personal and business investments.

101755	S	12/6-12/20	11:30am-1:00pm	\$52
101756	S	1/10-1/24	11:30am-1:00pm	\$52
101757	S	2/7-2/21	11:30am-1:00pm	\$52

Instructor: Louise Bucci

Excel Computer Class

Age 15+

Learn three ways to use cells on a spreadsheet. Build simple and complex formulas correctly. Save you or your employer time and money. You will be able to put together simple spreadsheets and develop techniques to advance to more complex projects. Word processing skills are helpful, but not necessary. Students welcome.

Introduction to Excel

101743	T	1/6-1/20	6:30-8:30pm	\$69
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Learning continues with complex formulas, multi-functional workbooks, paste special and paste link. Course covers reviewing matrix tables, preparing complex sheets and linking numerous sheets.

Intermediate Excel

101744	T	12/2-12/16	6:30-8:30pm	\$69
101748	T	2/3-2/17	6:30-8:30pm	\$69

NEW! Desktop Publishing

Age 18+

Students work with Publisher, creating brochures, flyers and inserting graphics inline and from the internet. The course also covers simple and complex marketing projects.

101752	S	1/10-1/24	9:00-11:00am	\$69
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QuickBooks

Age 18+

Create a company and your own chart of accounts. This software program is an excellent work tool for your business, company, or personal use. Create, edit or delete new line items in your chart of accounts; add sub accounts correctly; and track your accounts receivable. Learn 5 methods of accepting payment; how to setup bank accounts and credit accounts; enter company information and more.

Introduction

101737	W	1/7-1/21	6:30-8:30pm	\$69
101738	W	2/4-2/18	6:30-8:30pm	\$69

Continue to learn to work with accounts payable and five methods of paying bills. Create, edit, and delete vendors; track information of 1099's; build correct reports- balance sheets, profit & loss statements and the Golden Rule: assets = liability plus owner's equity.

Intermediate

101739	W	12/3-12/17	6:30-8:30pm	\$69
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NEW! Activity is Medicine (AIM)

Age 18+

If you are tired of being overweight, and taking too much medicine then take this class and start getting your health back. Instructor started the journey four years ago and was bent on finding out what was making us sick and how to repair our bodies. The answers may surprise you.

Free Introductory Workshop

101723 Th 1/8 5:30-6:30pm FREE

Workshop

101721 Th 1/15-2/19 6:30-8:00pm \$31

101722 Th 2/26-4/2 6:30-8:00pm \$31

Instructor: Gordon Keiser

Location: Ulatis Community Center

Material Cost: A materials fee of \$25 for AIM Kit

(pedometer, books, and CD)

is due to the instructor at the first class.

Basic Life Support (BLS) for Healthcare Providers American Heart Association

Age 18+

This course is for individuals who have a duty to respond using advanced emergency techniques such as AED training, two-person CPR, and bag mask. Bring current AHA BLS Healthcare Provider book to class or purchase at class time.

96106 S 2/7 8:00am-12:30pm \$56

Instructor: Pam Graham

Location: McBride Center

Material Cost: \$15 payable to instructor at 1st class

Healthcare Provider CPR: Recertification

Age 18+

Keep your medical skills up-to-date. This American Heart Association course reviews materials and methods, provides AED training, and instructions on how to use the bag-mask. **Prerequisite:** Current CPR Healthcare Provider Card.

101563 Th 12/18 6:00-8:30pm \$44

101564 Th 1/22 6:00-8:30pm \$44

101565 W 2/25 6:00-8:30pm \$44

Instructor: Pam Graham

Location: McBride Center

Material Cost: \$15 payable to instructor at 1st class

CPR (Cardiopulmonary Resuscitation) Basics

Age 11+

Acquire the skills to save a life! Learn how to recognize and respond to cardiac breathing and choking emergencies with adults, children and infants. Course includes how to use an Automated External Defibrillator (AED) for victims of sudden cardiac arrest. Participants receive a two-year certification card. Class is extended from 9:00-10:00pm for students requiring Pediatric CPR certification.

96172 W 12/10 6:00-9:00pm \$49

96173 W 1/7 6:00-9:00pm \$49

96174 W 2/11 6:00-9:00pm \$49

Instructor: Pam Graham

Location: McBride Center

Material Cost: \$5 payable to instructor at 1st class

First Aid

Age 11+

Gain confidence in your ability to handle medical emergencies. This course provides skills in first aid emergencies such as bleeding, burns, seizures, and fractures along with accident prevention information. Participants receive a two-year certification card. Class is extended from 9:00-10:00pm for students requiring Pediatric First Aid certification.

96195 Th 12/11 6:00-9:00pm \$39

96196 Th 1/15 6:00-9:00pm \$39

96197 W 2/18 6:00-9:00pm \$39

Instructor: Pam Graham

Location: McBride Center

Material Cost: \$5 payable to instructor at 1st class



Melt & Pour Soapmaking

Age 18+

Beginners

Scent, color and mold your own soap creations. Learn the history of soap making along with the necessary tools. Also experiment with various methods for adding botanicals and other visually appealing elements. Hands-on instruction provided by an instructor with 15 years experience including ownership of a retail bath shop.

101625 M 1/5 1:00-4:00pm \$40

Material Cost: \$15 payable to instructor is due at first class.

Intermediate

By request we are introducing an intermediate level course for students to continue learning various soap making techniques. Soaps can be personally crafted for home use or as gifts. Discussions on soapmaking safety, necessary tools, and ingredients are part of this course. Instructor provides hands on instruction and the opportunity for students to create several bars of soap. Materials fee of \$20 payable to instructor at class. **Prerequisite:** Beginning Melt & Pour Soapmaking.

101626 S 2/21 1:00-4:00pm \$40

Location: McBride Center

Material Cost: \$20 payable to instructor is due at first class.



NEW! Kaiao- An Introduction to Hawaii's History, Culture & People

Age 15+

This course introduces students to Hawaiian origins, settlement, language, land, history, society, religion and the arts. The instructor provides an overview of the Hawaiian and Pacific culture, geography, history, and policies from a Native perspective. In the Hawaiian culture knowledge is gained through interaction, insight, and responsibility also known as kuleana.

102331 Th 1/15-3/5 6:00-7:00pm \$25
 Instructor: Ashlyn Ku'uleialoha Weaver
 Location: Ulatis Community Center



SAT Prep- Introductory Class

Age 14+

Learn basic strategies and skills to take the SAT college exam. Gain knowledge of what to expect on test day; learn when and how to prepare for the test; get test schedule, deadlines and SAT testing locations.

101694 S 12/13 10:00am-12:00pm \$26
 101695 S 1/24 10:00am-12:00pm \$26
 101696 S 2/21 10:00am-12:00pm \$26
 Instructor: Regina Whitaker
 Location: Ulatis Community Center



Study Skills & Notetaking

Age 13+

Get better grades by learning how to study and take notes effectively. Discover your unique learning style and how to process and retain information easier. Receive a list of tips for getting better grades.

101706 S 12/6 10:00am-12:00pm \$26
 101707 S 1/10 10:00am-12:00pm \$26
 101708 S 2/7 10:00am-12:00pm \$26
 Instructor: Regina Whitaker
 Location: Ulatis Community Center

Sewing Classes

Age+ 9+

This combination skill level class is available to those of you who want to continue growing your sewing skills. Sew projects with maximum impact and minimal cost. Learn the basics of your machine, how to use a pattern, and how to pick fabrics. Work at your own speed and learn the fun art of sewing.

Beginning & Beyond Ages 9-12

101651 Th 12/4-12/18 1:00-2:30pm \$45
 101652 Th 1/8-1/29 1:00-2:30pm \$60
 101653 Th 2/5-2/26 1:00-2:30pm \$60
 101304 Th 12/4-12/18 4:00-5:30pm \$45
 101305 Th 1/8-1/29 4:00-5:30pm \$60
 101306 Th 2/5-2/26 4:00-5:30pm \$60

Ages 13+

101301 Th 12/4-12/18 6:00-9:00pm \$53
 101302 Th 1/8-1/29 6:00-9:00pm \$70
 101303 Th 2/5-2/26 6:00-9:00pm \$70
 Instructor: Elaine Busch
 Material Fees: \$4 due to instructor at 1st Class - Beg. Students
 Location: McBride Center
 Ulatis Community Center (1pm class)

Proper Sewing Machine Maintenance & Use

Age 18+

A smooth running sewing machine lasts for years. This highly interactive course covers sewing machine maintenance including cleaning, oiling, and proper setting of machine tensions along with common improper use issues. Correcting needle and thread selection, and threading issues that can make a big difference in machine performance.

101650 S 1/24 9:00am-12:00pm \$41
 Instructor: John Busch, Certified by CA Academy of Sewing Machine Repair
 Location: McBride Center

Active Aging

NEW! Print Shop Graphics

Age 50+

This class is the perfect introduction and further discovery into the world of working with pictures, creating greeting cards, making labels and more. If space available, 18-49 year olds may register.

101450	W	12/10-12/24	12:00-2:00pm	\$28
101958	W	1/7-1/21	12:00-2:00pm	\$28
101959	W	2/4-2/18	12:00-2:00pm	\$28

Instructor: Louise Bucci

Location: McBride Center

Material Fee: \$5 payable to instructor at 1st class

NEW! Mixed Media Layout

Age 50+

A fun and relaxing new art course with amazing results! Let's make a 12' x 12' layout suitable for your scrapbook or hanging on the wall. We will be learning unique mixed media techniques and using supplies in unusual ways with gorgeous colors. No experience necessary.

101851	W	2/18-2/25	10:30am-12:30pm	\$26
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Instructor: Suzanne Bombard

Location: McBride Center

Material Fee: \$20 payable to instructor at 1st class

Computer Basics 1

Age 50+

Learn in a fun and enriching atmosphere all about the desk top, icons, basic computer terms, how to navigate while on the computer and mouse skills. No computer skills needed! If space available, 18-49 year olds may register.

96147	M	12/1-12/15	9:30-10:30am	\$28
96148	M	1/5-1/26	9:30-10:30am	\$28
96149	M	2/2-2/26	9:30-10:30am	\$28

Instructor: Louise Bucci

Location: McBride Center

Material Fee: \$5 payable to instructor at 1st class

Advanced Computer Class

Age 50+

Join the computer age and become more technologically competent. Learn the importance of having an anti-virus program on your computer, how to install and uninstall a program, e-mail, search the internet and use of Facebook safely and correctly. If space available, 18-49 year olds may register.

96150	M	12/1-12/15	11:00am-12:30pm	\$28
96151	M	1/5-1/19	11:00am-12:30pm	\$39
96152	M	2/2-2/23	11:00am-12:30pm	\$26

Instructor: Louise Bucci

Location: McBride Center

Material Fee: \$5 payable to instructor at 1st class

Digital Collage Workshop

Adult & Children Classes

Come bring your friend, parent, grandparent and child to this dynamic multi-generational class and transform your pictures into a digital display of lasting memories. If space available, 18-49 year olds may register.

101454	W	12/3	4:00-5:30pm	\$28
101455	W	1/7	4:00-5:30pm	\$28
101456	W	2/4	4:00-5:30pm	\$28
101457	S	12/6	1:30-3:00pm	\$28
101458	S	1/3	1:30-3:00pm	\$28
101459	S	2/7	1:30-3:00pm	\$28

Instructor: Louise Bucci

Location: McBride Center

Material Fee: \$5 payable to instructor at 1st class

iPads, Smart Phones & iPhones

Age 50+

Learn how to make the most of your iPad, smart phone or iPhone by listening to music, reading e-books, taking photos, and recording videos. Additionally, participants will explore popular applications, how to download apps, control settings and much more! No skills needed. If space available, 18-49 year olds may register.

Introduction

96563	T	12/2-12/16	9:30-11:30am	\$28
96564	T	1/6-1/20	9:30-11:30am	\$28
96565	T	2/3-2/17	9:30-11:30am	\$28

Intermediate

96566	T	12/2-12/16	12:00-2:00pm	\$28
96567	T	1/6-1/20	12:00-2:00pm	\$28
96568	T	2/3-2/17	12:00-2:00pm	\$28

Instructor: Louise Bucci

Location: McBride Center

Material Fee: \$5 payable to instructor at 1st class



Computer Savvy Classes

Age 50+

Learn to have fun with your computer and use it as the experts do. Wow your friends with a simple PowerPoint presentation, create a simple spreadsheet that can be used to track your finances and a letter that can later be attached to an email. If space available, 18-49 year olds may register.

96154	W	12/3-12/17	9:30-11:30am	\$39
96155	W	1/7-1/21	9:30-11:30am	\$39
96536	W	2/4-2/18	9:30-11:30am	\$39

Instructor: Louise Bucci

Location: McBride Center

Material Fee: \$5 payable to instructor at 1st class

Active Aging

Billiard Classes

Age 50+

Learn to play by the rules and develop winning methods or transform your own pool game. This complete range of pool clinics and billiard workshops is designed to improve the skill level of every player. One-on-one instruction at the Cue U Pool Workshop assures maximum improvement for each participant.

Beginners - Ages 18+

96088	M	12/1-12/15	9:30-10:30am	\$29
96089	T	1/6-1/20	9:30-10:30am	\$29
96090	W	2/4-2/18	9:30-10:30am	\$29

Advanced - Ages 18+

96092	M	12/1-12/15	6:30-7:30pm	\$29
96093	T	1/6-1/20	6:30-7:30pm	\$29
96094	W	2/4-2/18	6:30-7:30pm	\$29

Adult & Child - Ages 10+

102538	W	12/3-12/17	5:30-6:30pm	\$29
102539	W	1/7-1/21	5:30-6:30pm	\$29
102540	W	2/4-2/18	5:30-6:30pm	\$29
96096	S	12/13	9:30-11:30am	\$29
96097	S	1/10	9:30-11:30am	\$29
96098	S	2/14	9:30-11:30am	\$29

Instructor: Malcolm Campbell

Billiards Refresher & Stroke Evaluation Workshop

The Stroke Evaluation workshop gives you valuable assistance with improving your pool game. Consistency and game position problems are addressed. In addition, specific drills are developed to help remedy any deficiency, along with an examination of your current mechanical strengths and weaknesses. If space available, 18-49 year olds may register.

96091	S	12/6	9:30am-12:30pm	\$29
96095	S	1/3	9:30am-12:30pm	\$29
96099	S	2/7	9:30am-12:30pm	\$29

Instructor: Malcolm Campbell (California Shorty)

Location: McBride Center



Painting with Watercolors

Age 50+

Get inspired and dip into this exciting medium. Learn the basic techniques of watercolor painting including design, composition, and color. Participants receive individual attention and are encouraged to work at their own pace while enjoying the fellowship of other students. If space is available, 18-49 year old may register.

96578 T 2/3-2/24 10:00am-12:30pm \$53

Instructor: Sandy Imperatori

Location: McBride Center

Tax Aide

Ages 50+

AARP Volunteer Tax-Aide preparation service will serve low and middle income taxpayers with special attention to seniors. For appointment, call 469-6660.

TTh 2/3-4/14 9:00am-3:00pm FREE

Location: McBride Center

Acoustic Jam Session

Age 50+

Do you like to sing, play or listen to guitar, banjo, mandolin, fiddle, harmonica, or any other acoustic instrument? Whether you're young or not and can't play and sing, there are no egos, everyone is welcome! It's a great way to learn new music and make new friends. This group meets the first and third Wednesday of the month. If space is available, 18-49 years old may register.

W 12/3-2/18 6:00-9:00pm FREE

Facilitator: Leslie Cloper

Location: McBride Center

Spanish Class

Age 50+

Be ready for travel to places where the ability to converse will enhance your experience. In this class, participants should have a basic understanding of Spanish. Class activities address a variety of learning styles. No text is required. Handouts are provided the first day of class. If space is available, 18-49 year olds.

Beginners:

96590 F 1/9-3/13 1:00-2:00pm \$29

Enjoy group exercises as you learn basic Spanish and advance at your natural pace. No knowledge of the language is required. No text is required. Handouts are provided the first day of class. If space is available, 18-49 year olds may register.

Intermediate:

96589 F 1/9-3/13 10:00am-12:00pm \$29

Instructor: Merry Serrano



Foxtrot, Waltz, Swing, Cha-Cha & Salsa Dance Lessons

Age 50+

Learn movements that blend into all dances and easy instructions that quickly have you on the dance floor. Enjoy free dance lessons with an instructor with over 30 years of dance experience. Meets every Wednesday. Drop-in and join the fun!

W 12/3-2/25 6:30-8:30pm FREE
 Instructor: Richard Read
 Location: McBride Center

Hatha Yoga - Primetimers

Age 50+

Gain a more positive and peaceful outlook through the gentle postures of Hatha Yoga. The practice of yoga promotes greater physical flexibility and balance, reduces stress levels, and improves overall health.

96552	M	12/1-12/29	9:30-11:00am	\$23
96553	M	1/5-1/26	9:30-11:00am	\$23
96554	M	2/2-2/23	9:30-11:00am	\$23
96555	Th	12/4-12/18	9:30-11:00am	\$23
96556	Th	1/8-1/22	9:30-11:00am	\$23
96557	Th	2/5-2/26	9:30-11:00am	\$23

Instructor: Judy Jordan
 Location: McBride Center

Qigong /Tai Chi

Ages 50+

Take this class to experience a beautiful blend of Qigong and Tai Chi styles. This class offers novice through advanced students an opportunity to enhance one's daily energy and peacefulness. It helps to regenerate your body in transforming sickness into health by lowering blood pressure, increasing blood circulation, decreasing cancer, diabetes and cardiac problems.

96579	S	12/6-12/27	1:30-3:00pm	\$61
96580	S	1/10-1/31	1:30-3:00pm	\$76
96581	S	2/7-2/28	1:30-3:00pm	\$61

Instructor: William Yeung
 Location: McBride Center

Tai Chi for Health

Age 50+

Enjoy this mind-body exercise based on the principle of relaxation. Each week, with the practice of Tai Chi, students will learn to improve balance, correct body posture and spinal alignment. Become revitalized, relaxed, tolerant, self-confident, physically stronger, and ultimately, healthier in both mind and body.

96592	MW	12/1-12/31	9:00-10:00am	\$51
96594	MW	1/5-1/28	9:00-10:00am	\$31
96596	MW	2/2-2/25	9:00-10:00am	\$36
96591	MWF	12/1-12/31	9:00-10:00am	\$66
96593	MWF	1/2-1/30	9:00-10:00am	\$61
96595	MWF	2/2-2/27	9:00-10:00am	\$56

Instructor: William Yeung
 Location: McBride Center

Taking Off Pounds Sensibly (TOPS)

Ages 50+

We offer a healthy, caring approach to the extra pounds you may be struggling with. Group meets every Thursday of each month.

Th	12/4-12/18	6:00-8:00pm	FREE
Th	1/8-1/29	6:00-8:00pm	FREE
Th	2/5-2/26	6:00-8:00pm	FREE

Location: McBride Center

Yoga for Active Adults

Age 50+

This beginner's class offers gentle yoga for participants who are new to yoga or have some experience. The intermediate class provides additional poses to enhance the individual's practice. Both classes provide flexibility, strength, balance, stamina, endurance, and relaxation and renewal of the mind and body. Breathing and postural alignment are emphasized. Poses are modified for individual needs.

Beginners

96610	M	12/1-12/29	9:00-10:15am	\$36
96611	M	1/5-1/26	9:00-10:15am	\$22
96612	M	2/2-2/23	9:00-10:15am	\$22

Immediate

96613	W	12/3-12/31	9:00-10:15am	\$41
96614	W	1/7-1/28	9:00-10:15am	\$33
96615	W	2/4-2/25	9:00-10:15am	\$33

Instructor: Rita Sommer, Certified Yoga Instructor
 Location: McBride Center

Zumba Gold

Age 50+

Zumba is a Latin-inspired dance fitness program for all ages, sizes and activity levels. It's an exhilarating, effective way to burn calories and is easy-to follow. This fitness program is moving millions of people towards joy and good health. Drop-in available. If space is available, 18-49 year olds may register.

96616	Th	12/4-12/18	10:00-11:00am	\$22
96617	Th	1/8-1/29	10:00-11:00am	\$29
96618	Th	2/5-2/26	10:00-11:00am	\$29
101963	S	12/6-12/27	11:00-12:00pm	\$29
101964	S	1/3-1/31	11:00-12:00pm	\$36
101965	S	2/7-2/28	11:00-12:00pm	\$29

Instructor: Sharon Roberts
 Location: McBride Center

NEW! Presentations

Age 18+

Stay Balanced

This Injury Prevention class will review an illustrated pamphlet with an overview of a series of eight exercises and demonstrate how individuals can remain strong, flexible and balanced in order to prevent falls.

102328 F 12/19 9:30-10:30am FREE

Presenters: Ashley Barrios & Annette Vance, Q.D.C.P.

North Bay Healthcare Emergency Services Department

Diabetes 101

Join us and learn about the prevalence of diabetes to include: reasons for the dramatic increase, financial cost; definition and types of diabetes, including pre-diabetes, risks of developing the disease, complications associated with diabetes, how the condition is diagnosed, prevention of diabetes, and management of the disease.

102429 F 1/16 9:30-10:30am FREE

Presenter: Jacqueline Hom, American Diabetes Association

Medicare 101

Learn how Medicare works with other insurance and what's medicare supplement.

102466 M 12/8 9:30-10:30am FREE

Presenter: HICAP (Health Insurance Counseling & Advocacy Program)



NEW! Activity is Medicine (AIM)

Age 50+

If you are tired of being overweight, and taking too much medicine then take this class and start getting your health back. Instructor started the journey four years ago and was bent on finding out what was making us sick and how to repair our bodies. The answers may surprise you.

Free Introductory Workshop

101724 W 1/7 9:30-10:30am FREE

Workshop

101725 W 1/14-2/18 9:30-11:00am \$31

101726 W 2/25-4/1 9:30-11:00am \$31

Instructor: Gordon Keiser

Location: McBride Center

Material Cost: A materials fee of \$25 for AIM Kit (pedometer, books, and CD)

is due to the instructor at the first class.

Coping with the Holidays

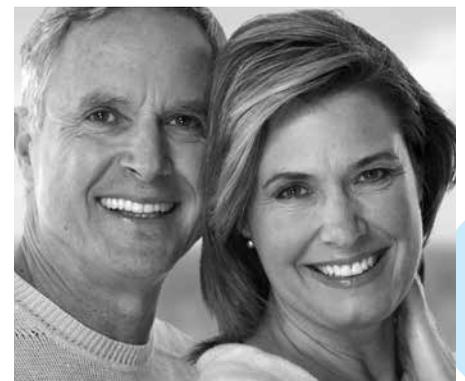
Age 18+

Please join us for a support group and discussion on coping with grief and loss during the holidays. As the holiday season approaches, we acknowledge how difficult this time of year can be when you have experienced the loss of a family member or friend. Learning strategies to utilize in coping with the holidays can be very beneficial.

To register, call Rhea McCormack at Sutter Care at Home. 1-800-853-7454.

W 12/3 10:30am-12:00pm FREE

Location: McBride Center



Arthritis Foundation Walking Program

Age 50+

Jump on board today and join countless people across the country in this walking exercise program! The Arthritis Foundation offers a unique walking program for people who suffer from any arthritis ailment. Bring friends or enjoy a little quality time with the family while improving joint functionality, endurance, self-efficacy and taking in the fresh outdoor air.

MWF 2/4-3/13 2:00-3:00pm FREE

Instructor: Louise Bucci

Location: Off-site

Check us out at
www.twitter.com/VacavilleRec/

Adult Services

Health Insurance Counseling & Advocacy Program (H.I.C.A.P.)

Ages 50+

HICAP assists individuals and families with Medicare problems and other health insurance concerns. For an appointment or questions call HICAP at 800-434-0222. Service provided on Monday by appointment only.

M 12/1-2/23 9:30-11:00am FREE

Location: McBride Center

Legal Consultation

Ages 50+

This service is available to individuals who may not otherwise be able to afford legal counseling. For an appointment, call 469-6660. Service is available on the first Tuesday of each month.

T 12/9 9:00-11:00am FREE

T 1/13 9:00-11:00am FREE

T 2/10 9:00-11:00am FREE

Facilitator: Yvonne Thrasher, Attorney

Location: McBride Center

Book Group

Age 50+

Do you enjoy reading books? This is the perfect forum to discuss what you are reading or looking forward to reading. Also hear about books others have read that you may want to add to your list of 'must reads'.

F 12/5-2/27 11:00am-12:00pm FREE

Facilitator: Mary Jean Knowles

Location: McBride Center

AARP Smart Driver Course

Ages 50+

AARP presents a refresher course for drivers 50 and over. Learn to handle dangerous situations and compensate for the effects of aging while earning extra discounts on auto insurance. Those who have taken the course in the past four years, may take the one day, 5 hour class. To register, pick up an application at the McBride Center. Members/Non-members \$15/\$20.

M 2/2 9:00am-2:00pm \$15/\$20

Instructor: Thomas Partlow/Phil Pollard

Location: McBride Center

Discussion Group

Ages 50+

Embrace the keys to a long life by exercising your brain, exchanging ideas and meeting new people. Participants discuss a variety of topics on current events. The group meets on the second and fourth Fridays only.

F 12/12 9:30-11:30am FREE

Facilitator: Dawn Brown

Location: McBride Center

Great Decisions

Age 50+

Exercise your brain power and stay informed. Participants discuss the pros and cons of American foreign policy issues. Group discussions are based on topics in a briefing book published by the Foreign Policy Association, a nonprofit, nonpartisan educational group. The group meets on the second and fourth Fridays only.

[Registration Deadline 1/12](#)

F 2/13-5/22 9:30-11:30am \$29

Facilitator: Dawn Brown

Location: McBride Center

Coping with Aging

Age 50+

Are you overwhelmed by day-to-day activities? You are not alone. Share your concerns with others in a comfortable, supportive and informal setting. This group is ongoing, join any time. For information or to reserve your space, call 469-6620.

F 12/5-12/19 9:30-10:30am FREE

F 1/2-1/30 9:30-10:30am FREE

F 2/6-2/27 9:30-10:30am FREE

Facilitators: Paula LeDoux, LMFT Pat Dawes, M.S.

Location: McBride Center

Myth Makers

Age 50+

Stimulate your creativity and imagination with these writing workshops. This group meets on the first and third Monday of each month.

M 12/1-2/2 9:30am-12:00pm FREE

Facilitator: Deni Harding

Grief Support Group

Age 50+

This support group will help direct you towards positive adjustments, help you work through feelings, thoughts, and memories associated with the loss of a loved one.

To register, call Rhea McCormack from Sutter Care at Home at 1-800-853-7454.

Grief Education Workshop

W 1/28-3/4 1:00-2:30pm FREE

Grief Support Group

W 1/28-3/25 1:00-2:30pm FREE

Facilitator: Dawn Brown

Location: McBride Center

Day Trips

Take one of these delightful Day Trips



Amtrak Through the Snowy Sierra

February 10-12, 2015

Reno, NV

\$350 per Person Double Occupancy

Treat yourself to a winter getaway! Sit back, relax and watch the spectacular winter scenery in comfort on the Amtrak train through the snow-capped Sierra to Reno. **Trip includes:** Transportation, Two nights at the Eldorado Hotel, Dinner Show, Tour of the Kimmie Candy Factory, luggage handling & driver gratuity. Meals and much more are included!

Deadline to purchase tickets - 12/15



Cliff House

Sunday, February 15, 2015

San Francisco

\$115 per person

Enjoy champagne brunch with live harp music at this amazing San Francisco landmark. The Cliff House has an awesome view and a wide selection of seasonal fresh brunch items such as poached salmon and prawns, steak with mushrooms, these are just a few of the main course items you can choose from. In addition, assorted seasonal salads like, heirloom tomato, green asparagus, and orzo pasta cheese and fruit platters, and traditional breakfast items. Delectable desserts including cakes, tortes, tarts, and chocolate-dipped strawberries are the perfect ending to your meal. Following brunch enjoy some free time to browse the shops at Pier 39.

Deadline to purchase tickets - 2/1

2015 Winter Session (December - February)



DON'T MISS OUT ON THE FOLLOWING TRIPS. BOOK NOW!

Italian Vistas

March 14 – 26, 2015 Double \$4,499

Exploring Britain & Ireland

September 4 – 18, 2015, Double \$4,799

Discover Panama

January 28 – February 5, 2016, Double \$2,749

From the Outback to the Glaciers with Optional 3-Night Fiji Post Tour Extension

March 3 – 23, 2016, Double \$8,799



Trips and Tours

Trips/Tours Presentation

Extended Trips: January 7, 2015
 Time: 10:30am-12:00pm
 Place: McBride Center

Don't miss this incredible opportunity! Bring the family and friends and experience the culture, entertainment, and history that make our selected destinations a delight. We offer many adventures to select from with knowledgeable, professional tour managers, an industry-leading cancellation waiver, and complimentary round-trip airport service on all air-inclusive trips. Book early for additional savings!



— Paradise Village Nuevo Vallarta —

Jan 21-28, 2015

\$1859 non golfer and \$ 2159 golfer (4 rounds with carts included).

DISCOVER... Your Paradise on earth the sea and the beach resort of your dreams, all set against a spectacular tropical backdrop. This private peninsula surrounded by shimmering waters, to the all-suite designer accommodations makes this an extraordinary destination.

Tour Inclusions: (All-Inclusive* 24 hours)

All meals and drinks during resort stay, taxes and security fees, transfers, baggage handling meals and much more are included!

— Tropical Costa Rica —

February 2-10, 2015

With Optional 3-night Jungle Adventure Post Tour Extension (Book now and save \$100)

\$2,399 double occupancy

You must experience this lush forest and stunning waterfalls...exotic wildlife and endless coastlines.

Tour Inclusions:

San Jose, Coffee Plantation, Guanacaste, Monteverde Cloud Forest, Hanging Bridges, Arsenal Volcano, Lake Arenal Cruise, Cooking Demonstration, Cano Negro Refuge, Zarero and National Theatre. Meals and much more are included!



— Azaleas and Plantations —

March 19-25, 2015

\$2,595 double occupancy

Experience the hospitality and charm of the south through educational tours of Natchez, Baton Rouge, Lafayette and New Orleans. Taste some authentic Cajun dishes and see spring in full bloom with the surrounding flowers at the historic sites and plantations.

Tour Inclusions:

New Orleans School of Cooking, Baton Rouge, Accordion Factory, Tour Three Antebellum Homes, Houmas House Plantation and Gardens, Gator Farm, Oyster Processor, National WWII Museum, Mardi Gras World, Taxes and Gratuities. Meals and much more are included!

Trips and Tours

41

— Cuba —

(Several departure dates)

\$3,500-\$4,399 Double Occupancy

The delicious cuisine and historical landmarks are sure to make this a memorable vacation!

Tour Inclusions:

Trinidad, Pottery Class, Cienfuegos, Bay of Pigs Museum, Havana, La Cabaña Castle, Guanabacoa, Ernest Hemingway Home, Maqueta de la Ciudad de La Habana Museum, Cuban Fine Arts Museum, Casa Fuster. Meals and much more are included!



— Princess Cruises, California Coastal No Flights! —

April 12-19, 2015

Inside Cabin \$1,125

You don't have to sail around the world to escape completely. Hug the scenic shores of the sun-kissed California coast, where inviting beaches, fascinating cities and exciting attractions await. This relaxing seven day coastal cruise offers a truly memorable vacation option with minimal planning for West Coast cruisers!

Tour Inclusions:

Santa Barbara, San Diego, Los Angeles (Long Beach), Ensenada, Mexico, Round Trip to San Francisco, and one Bottle of Wine per Cabin. All taxes and fees included. Meals and much more are included!

— Glacier National Park —

June 24-30, 2015

\$3,025 double occupancy

Come and experience Glacier's pristine forests, alpine meadows, rugged mountains, and spectacular lakes. Step back in time through historic towns, lodges, transportation, and stories of the people who made this rugged country their home.

Tour Inclusions:

Historic Wallace Idaho, Smokejumpers Base, Scenic Float Trip on the Flathead River, Glacier National Park, Scenic Cruise on Swiftcurrent and Josephine Lake, Red Jammer Touring Cars, Silver Mountain, Lake Coeur D'Alene, Taxes and Gratuities. Meals and much more are included!

— Great Trains & Grand Canyons —

Featuring a night in Sedona

October 25-30, 2015

\$1895 per person double

Discover Berlin's magnificent architectural treasures, experience a spectacular four-hour ride in a First Class Railcar takes you between two national forests, past crimson cliffs, over old-fashioned trestles and through a 680-foot tunnel.

Tour Inclusions:

Grand Canyon National Park, Verde Canyon Railroad, Oak Creek Canyon Sedona Trolley Tour, Chapel of the Holy Cross, Tlaquepaque & Uptown Sedona Montezuma Castle, Jerome Chuckwagon Supper & Show, Old Town Scottsdale. Meals and much more are included!

Facility and Park Rentals

Our facilities and parks can be reserved for a variety of functions throughout the year accommodating 25-500 people. Rental fees vary by facility type and reservations are available on a first-come, first-serve basis. Call today!

FACILITY & PARK RENTALS

John McBride Center

91 Town Square Place 469-6660

Located in historic downtown Vacaville, this is an ideal location for birthday parties, receptions, company trainings or meetings.

Three Oaks Community Center

1100 Alamo Drive 469-4020

An ideal location for conferences, weddings, receptions, corporate meetings, and other community functions. This facility has a main Assembly Hall complete with stage (64'x58'), Activity Room (36'x36'), Multi-Purpose Room (52'x52'), two meeting rooms and ample parking.

Ulatis Community Center & Ulatis Gardens

1000 Ulatis Drive 469-4000

An ideal location for conferences, weddings, receptions, corporate meetings, and other community functions. This facility has rooms which can be re-configured based upon your needs, a large kitchen, and ample parking.

Parties
Receptions
Reunions
Weddings

FOR FACILITY
RESERVATIONS call

McBride Center 707-469-6673

Three Oaks Community Center 707-469-4024

Ulatis Community Center 707-469-4002

These parks have reservable picnic areas. For information call 469-4024.

Andrews Park

720 E. Monte Vista Avenue and School Street

Surrounded by beautiful trees, this 17 acre park is perfect for birthday parties, company picnics, and family reunions. Located within the park is Great Wonders playground, complete with tot lot and swings. The picnic area seats up to 100 and has 5 barbecues. Permanent rest rooms are available.

Arlington Park

Foxboro Parkway and Peabody Road

This 18 acre park features two sheltered picnic areas with seating for 72, barbecues, a playground, 4 softball fields, 2 football fields and off street parking. Permanent rest rooms are available.

Lagoon Valley Park

I-80/Peña Adobe Park Exit

This 470 acre scenic park is home to barbecue areas, horseshoe pits, equestrian and bike trails, and excellent hiking in the great outdoors. The park also features a 30,000 square foot fenced in dog park complete with trees and water. The picnic areas are a great location for family reunions and company picnics. The park is also an ideal location for sporting events, such as walkathon and cross country events. This park also features the lovely Hume and Hospice Groves.

Peña Adobe Park

Peña Adobe and I-80 Exit South of City

An ideal location for family picnics, birthday parties, corporate events, festivals and school field trips. The park is located on 6.4 acres has 2 rental areas, barbecue grills, large gazebo, 2 horseshoe pits. This location is also home to the historic Peña Adobe and the Mowers-Goheen Museum. Permanent rest rooms are available.



www.facebook.com/VacavilleRec
follow us: @VacavilleRec



CITY COUNCIL

Steve Hardy, Mayor
Mitch Mashburn, Vice Mayor
Dilenna Harris, Council Member
Curtis Hunt, Council Member
Ron Rowlett, Council Member

COMMUNITY SERVICES COMMISSION

Jennifer Goode, Chair
Kathleen Ramos, Vice Chair
Christina Baird, Commissioner
Paul Cheng, Commissioner
Pamela Greaves, Commissioner
Alex Henthorn, Commissioner

ARTS ADVISORY COMMITTEE

Dan Fowler, Chair
Bob Vollmer, Vice Chair
Judy Neal, Committee Member
Lori Hartley, Committee Member
Vacant, Committee Member

City Offices and Registration Facilities are CLOSED

Christmas Eve (4 hours) Wednesday, December 24
Christmas Holiday Thursday, December 25
New Year’s Eve (4 hours) Wednesday, December 31
New Year’s Day Thursday, January 1
Martin Luther King, Jr Birthday Monday, January 19
President’s Day Monday, February 16

Meeting Dates

The City Council meets on the second and fourth Tuesday of each month at 7:00 p.m. in the City Council Chambers at 650 Merchant Street.

The Community Services Commission meets on the first Wednesday of each month at 7:00 p.m. in the City Council Chambers at 650 Merchant Street.

The Arts Advisory Committee meets on the second Wednesday in the months of January, April, July, and October at 6:00 p.m. in the City Council Chambers at 650 Merchant Street.

TTY (TeleTypewriter) NUMBERS

ADA Office 449-5162
City Coach 469-6537
City Hall 449-5162
Community Services 449-5618
Housing & Redevelopment..... 449-5680
Performing Arts Theatre 449-6112
Senior Center 469-6697
Three Oaks Community Center 449-3550*

* use the California Relay System CRS 711.

Policy of Non-Discrimination on the Basis of Disability:

In accordance with the requirements of Title II of the Americans with Disabilities Act of 1990, the City of Vacaville ("City") does not discriminate against qualified individuals with disabilities on the basis of disability in the City's services, programs, activities or employment. Information, comments, requests for accommodation or barrier removal, and/or complaints concerning the accessibility of City programs, services or activities to persons with disabilities should be directed to the City's ADA Title II / Section 504 Coordinator, Shannon Nelson, 449-5409, 449-5162 (TTY), ada@cityofvacaville.com.

WHO'S WHO IN COMMUNITY SERVICES**ADMINISTRATION**

40 Eldridge Ave, Ste. 14 **449-5658**

Kerry Walker, Director

Reggie Hubbard, Recreation Manager

GeorgeAnne Meggers-Smith, Management Analyst II

Hew Hesterman, Park Planner

DeAnna Pinger, Administrative Technician II

Sheila Wotring, Secretary II

40 Eldridge Ave, Ste. 11 **449-5652**

Zandreal White, Administrative Technician II

Linda Hornfischer, Marketing Coordinator

GEORGIE DUKE CENTER

720 E. Monte Vista Ave **449-6285**

Jim Hicks, Program Site Coordinator

MCBRIDE CENTER

91 Town Square Place **469-6660**

Va cant, Recreation Supervisor

Tim Abu, Facility Maintenance Coordinator

Audrey Calder, Senior Activities & McBride Rentals Coord.

Cathy Hudson, ASES Coordinator

Stacy Andersen, PAL Coordinator

Cyndi Williamson, Youth Services & Special Events Coord.

Joshua Bally, Teens Program Specialist

THREE OAKS COMMUNITY CENTER

1100 Alamo Drive **469-4020**

Jaclyn Beecham, Recreation Supervisor

Hugo Ochoa, Senior Administrative Clerk

Chris Howes, Facility Maintenance Coordinator

Penny Hernandez, Gymnastics & Early Childhood

Education Coordinator

Kristina Ledoux, Aquatics Program Specialist

Ryan Olsen, Adult & Youth Sports Coordinator

ULATIS COMMUNITY CENTER

1000 Ulatis Drive **469-4000**

Linda Johnson, Senior Administrative Clerk

Mary Torres, Cultural Arts & Special Interest Coordinator

PUBLIC WORKS PARK MAINTENANCE

1001 Allison Drive **469-6500**

On Stage Vacaville

On Stage Vacaville is proud to be the leading sponsor of the Vacaville Performing Arts Theatre's (VPAT) "Season of Shows". On Stage also sponsors the USAF Band of the Golden West Christmas concerts and the On Stage Talent Show. On Stage also grants financial support to new programs that stimulate, develop, and expand performing arts at VPAT. You can help by becoming a member! Membership brochures are available in VPAT lobby and you can learn more by going to www.vpat.net/onstage. Donations may be sent to:

Vacaville Performing Arts Theatre
On Stage Vacaville
1010 Ulatis Drive
Vacaville, CA 95687

Public Art Trust Fund

The purpose of this fund is to promote and develop the arts and strengthen resources making Vacaville the cultural arts center of Solano County. Donations may be sent to:

City of Vacaville, Public Art Trust Fund
40 Eldridge Ave, Suite 11
Vacaville, CA 95688

Vacaville Recreation Foundation

"Creating the spirit of community through recreation and parks". The goal of the Vacaville Recreation Foundation is to provide financial and volunteer support to the facilities, programs, and activities of the Vacaville Community Services Department. For information call 449-5657. Donations may be made to Vacaville Recreation Foundation and mailed to:

Vacaville Recreation Foundation
91 Town Square Place
Vacaville, CA 95688

Vacaville Cares Fund

This fund supports Community Services programs which address the following issues:

At-Risk Youth
Assistance to Low Income Youth
Teen Programming

How can you participate? There is a donation form on the reverse side of your Municipal Services Bill. This form allows you to make your donation in two ways. You can add a donation amount to your bimonthly bill, or you can include a one-time donation with your payment. Questions? Call 469-4004. This is an easy, convenient way to make a positive difference in the lives of many Vacaville youth.

Acknowledgments & Locations

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Thank You!

Be part of your community's future, get involved in recreation! On behalf of the Community Services Department, we would like to thank our volunteers and sponsors who contributed to our special events and programs. We could not have done it without you!

Habad Ahmad	Robert Griffiths	John Palesi
Paul Ahearn	Steven Groves	Sean Peters
Loraina Alarcon	Albert Gutierrez	Steve Petty
Michael Betzler	Brad Hardwick	Clinton Pierce
Matt Bidou	Yvette Harris	Ronald Prettyman
Danny Bishop	Jesse Hicks	David Prien
Ben Blair	Sara Hixson	Jessica Prothero
Angela Borchert	John Hodges	John Pucci
Robert Brambley	Jason Hoffman	Ryan Purnell
Joseph Brooks	Toni Horn	Steve Ramos
Dave Brown	Jerry Humphrey	Vince Reel
Stacy Capitani	Anthony Ivanich	Randy Robertson
Justin Caringello	James Janecki	Jarrod Rodgers
Ken Carpenter	Miguel Jones	David Rogers
Jeremy Carrico	William Jones	Mike Rogers
Trevor Carrington	Jennifer Kadel	Roberto Romo
Jill Childers	Steven Kadel	Cody Rose
Jennifer Cornett	Sean Kelly	Greg Ryan
Cliff Costello	Joseph Khawaja	Eric Sampson
Philip Cuadra	Larry Ledbetter	William Scavetta
Jes Dailey	Robert Leverer	Joe Scholtes
Armundo Darling	Dana Lewis	Tyler Shriner
Steve Davis	Tua Lino	Ian Smith
Tina Davis	Lynnae Lipary	Lily Smith
James DeAnda	Steve Little	Nate Smith
Steve Destefans	Faith Losiewicz	Chris Spadaro
Wyatt Deters	Emmanuel Luna	Saylor Spare
Jessica Dezarn	Karl Madayag	Dalston Spencer
Lance Dezarn	Greg Martin	Bill Steh
Jose "JD" Diaz	Anthony Matricia	Chris "CJ" Steinhour
Donnie Dichoso	Sean McKrell	Swanson, Andy
Erick Diez	Loraina McManus	Tre Tonic-Finley
Ashley Edwards	Glenn Medina	Matthew Tuggle
Mark Esperson	Robin Mitchell	Miguel Vega
Mike Fernandes	Teresa Glessing Moak	Richard Vieira
Trey Finley	Mario Monarrez	Mahana Ward
Connor Flannery	Eric Moore	Jim Wasielewski
Jess Flower	Chuck Morse	Scott Watson
Gwendalyne Forrester	Dan Morse	Rick Whyte
DaReece Frazer	Clint Motta	Ed Williams
Frank French	Emilio Navarro	Levy Williams
Ashley Gall	Chad Newland	David Woolsey
Orlando Garcia	Rene Ortiz	Lindsay Woolsey
Harvey Gomes	Jeffrey Page	Kyle Wylie
James Gorham	Joe Palesi	Keith Zucca

Program Locations

Alamo Recreation Center
561 Edgewood Drive
(707) 449-5504

Browns Valley Recreation Center
261 Wrentham Drive
(707) 449-5508

Cambridge Recreation Center
3490 Nut Tree Road
(707) 449-5506

Christiane Nolting Dressage Center
6954 Lewis Road
(707) 454-0565

Cooper Recreation Center
800 Christine Drive
(707) 449-5520

Foxboro Recreation Center
501 Foxboro Pkwy/Arlington
(707) 449-6206

Georgie Duke Sports Center
720 East Monte Vista Avenue
(707) 449-6285

Graham Aquatic Center
Marshall Road/Alamo Drive
(707) 469-4028

John A. McBride Center
91 Town Square Place
(707) 469-6000

Keating Park
Marshall Road/Alamo Drive
(707) 469-4028

Meadowlands Recreation Center
6167 Vanden Road
(707) 449-5505

Three Oaks Community Center
1100 Alamo Drive
(707) 469-4020, Fax: (707) 469-4022

Ulati Community Center
1000 Ulati Drive
(707) 469-4000, Fax: (707) 469-4012

Vacaville Recreation Center
551 Davis St at Porter Way
(707) 449-6101

Registration Information

Registration is now open! Note: A "resident" is anyone living in the Vacaville City limits. A "non-resident" is a Vacaville PO Box address and anyone living outside the Vacaville City limits. There is a 15% non-resident fee. There is a 10% sibling discount for activities for children 18 and under participating in the same program. The sibling discount is taken off the higher fee. There is a \$25 service charge for all returned checks.



RECWEB (ON-LINE)

2 Clicks Away!

- www.cityofvacaville.com
- Select Online Recreation Registration
- Select RecWeb



WALK-IN

Visit one of the registration locations listed below



MAIL-IN

Mail completed registration form and check (no cash) to:
 City of Vacaville Community Services
 Attn.: Registration
 91 Town Square Place
 Vacaville CA 95688



FAX-IN

Fax completed registration form with credit card information to 469-6663 or 469-4012 or 469-4022



PHONE-IN

Phone registration information with credit card information to 469-6660 or 469-4000 or 469-4020

The City of Vacaville provides assistance with youth registration fees for income eligible families through our Reduced Fee Program. Youth who meet the criteria will receive a 25% discount which can be applied towards participation in any of the recreation programs we offer at \$16 or over. An application must be completed and approved prior to registration. To apply for our Reduced Fee Program, simply fill out an application at the Community Services office, located at 40 Eldridge Ave, Suite 11.

REFUND POLICY

It is the goal of the Vacaville Community Services Department to provide you with the quality and satisfaction you expect.

1. All refund requests must be submitted in writing using the Refund/Credit Request Form (available at cityofvacaville.com/Community_Services_Department/NEWS and at all City community centers).
2. Full refunds will be issued if, and ONLY if:
 - a. the program is canceled by the Vacaville Community Services Department; or
 - b. the Refund/Credit Request Form is submitted prior to the program refund deadline date.
3. Refund/Credit Request Forms received after the program refund deadline date will be reviewed on a case by case basis. As a general rule, a program refund request will not be granted after the program refund deadline date unless there are extenuating circumstances and will be:
 - a. subject to an administration fee of \$5.00 for each program \$50.00 and under, and 10% of the class fee for each program over \$50.00.
 - b. issued as a credit on customer's family account to be used for future Community Services program registration.
4. **No refunds will be issued after a program ends – no exceptions.**

REGISTRATION LOCATION & HOURS

JOHN A. MCBRIDE CENTER

91 Town Square Place
 Phone: (707) 469-6660
 FAX: (707) 469-6663
M-F 8:30am - 5:00pm

THREE OAKS COMMUNITY CENTER

1100 Alamo Drive
 Phone: (707) 469-4020
 FAX: (707) 469-4022
M-F 8:00am - 5:00pm
S 9:00am-12:00pm

ULATIS COMMUNITY CENTER

1000 Ulatis Drive
 Phone: (707) 469-4000
 FAX: (707) 469-4012
M-Th 8:00am - 7:00pm
F 8:00am - 5:00pm

Registration/Liability Waiver

LIABILITY AND MEDICAL RELEASE & INDEMNIFICATION AGREEMENT

In consideration for myself and/or each minor child listed in this form being permitted by the City of Vacaville ("City") to participate in the above-described program or activity ("Recreation Program(s)"), I hereby waive, release and discharge any and all claims and damages for personal injury, death, or property damage which I and/or my minor child may sustain or which may occur as a result of my and/or my minor child's participation in said Recreation Program(s).

I understand and agree that:

1. This release is intended to discharge in advance the City and its officers, officials, employees, contractors, agents and volunteers ("City personnel") from and against all liability arising out of or connected in any way with the participation of myself and/or my minor child in said Recreation Program(s);
2. Participation in said Recreation Program(s) may be of a hazardous, strenuous, and/or physical nature;
3. Participation in said Recreation Program(s) may involve risk of serious injury, disability, or death, or property damage and loss, which may result not only from each participant's actions, inactions, or negligence, but also from the actions, inactions or negligence of others, including the actions, inactions or negligence or other legal fault of the City and/or City personnel, or from the conditions of the facilities, equipment, or areas where said Recreation Program(s) is being conducted;
4. Knowing the risks involved, I nevertheless voluntarily request permission for myself and/or my minor child to participate in said Recreation Program(s);
5. I hereby assume any and all risks of injury, death or property damage arising out of or connected in any way with the participation of myself and/or my minor child in said Recreation Program(s);
6. I hereby release, discharge and absolve the City and all City personnel in advance from and against any and all liability, injury, or damage arising out of or in connection with my and/or my minor child's participation in said Recreation Program(s), or the failure on the part of the City and/or City personnel to comply with any obligations related to said Recreation Program(s), even though that liability, injury, or damage may arise out of the negligence or other legal fault of the City and/or City personnel;
7. I will indemnify and hold the City and all City personnel harmless from any loss, liability, damage, cost or expense, including litigation, arising out of or connected in any way with the participation of myself and/or my minor child in said Recreation Program(s);
8. I expressly permit my minor child to travel by private automobile to and from all events and activities related to said Recreation Program(s), and release, discharge and absolve the City and all City personnel from and against any and all liability, injury, or damage arising out of or connected with said transportation;
9. I and/or each minor child listed herein is in good health and has no physical condition which would prevent safe participation in said Recreation Program(s) or activity supervisor any unsafe condition and/or injury incurred by myself and/or my minor child;
10. In the event that my minor child requires medical or surgical treatment while under the supervision of City personnel in connection with such Recreation Program(s), such City personnel may authorize treatment;
11. I understand that the City provides no medical insurance for treatment of such illness or injury and that any cost of treatment will be at my expense. I understand that the location of such Recreation Program(s) or the nature of the injury or illness may require the use of emergency medical services. On behalf of myself and/or my minor child, I therefore release, discharge and absolve the City and all City personnel from and against any and all liability, injury, or damage arising out of or connected with the use of such medical services;
12. I acknowledge that said Recreation Program is not child care as defined by the State of California;
13. I understand that City personnel may photograph or videotape me and/or my minor child and that the City may use such photographs or videotapes to promote City programs and activities. I expressly allow, and hereby waive any objection to, the City's photographing or videotaping of me and/or my minor child when I and/or my minor child am participating in said Recreation Program. I understand that neither I nor my minor child shall receive any compensation or payment for use of such photographs or videotapes and that all photographs and videotapes will remain the sole and exclusive property of the City of Vacaville;
14. I understand and agree that this release is intended to be as broad and inclusive as permitted under California law, and that if any portion of this release is invalid, the balance shall continue in full force and effect;
15. This release shall be effective and binding upon myself and/or my minor child's heirs, next of kin, family, relatives, guardians, conservators, executors, administrators, trustees and assigns.

I HAVE CAREFULLY READ THIS RELEASE AND INDEMNIFICATION AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND/OR MY MINOR CHILD AND THE CITY OF VACAVILLE. I VOLUNTARILY AGREE TO EACH OF THE TERMS AND PROVISIONS HEREIN AND SIGN THIS RELEASE OF MY OWN FREE WILL.

PARTICIPANT (OR PARENT/GUARDIAN) PRINTED NAME AND SIGNATURE AND DATE

PRINTED: _____ SIGNED: _____ DATE: _____

Select one: _____ Registrant (18 & over) _____ Parent _____ Guardian _____ Senior (60+

SUNDAY, DECEMBER 21ST

\$133 BALCONY/ \$178 ORCHESTRA



Come join the sold-out audiences who've discovered why – sometimes – the best way to fit in is to stand out! **KINKY BOOTS** is inspired by a true story, features a joyous, Tony-winning score by **CYNDI LAUPER** and a hilarious, uplifting book by four-time Tony winner **HARVEY FIERSTEIN**. This exhilarating Broadway musical will lift your spirits to new high-heeled heights! Winner of six Tony Awards including **BEST MUSICAL**.

BOOK BY

**HARVEY
FIERSTEIN**

MUSIC AND
LYRICS BY

**CYNDI
LAUPER**

DIRECTED AND
CHOREOGRAPHED BY

**JERRY
MITCHELL**

DEADLINE

TO PURCHASE TICKETS - 12/15

FOR INFORMATION CALL 469-6660.

ORPHEUM THEATRE, SAN FRANCISCO

CHINESE



NEW YEAR

A Chinese proverb states that all creations are reborn on New Year's day. The Chinese New Year, which is also known as Spring Festival or Lunar New Year is the most important holiday on the Chinese calendar and also the longest.

FRIDAY, FEBRUARY 27

12:00-2:00PM - \$6 (96142)

MCBRIDE CENTER

REGISTRATION DEADLINE 2/13

Join the celebration of change! Out with the old and in with the new! Learn about Chinese zodiacs and what the year of the Ram has in store for you.

Space is limited! To reserve your spot, call 469-6660 or 469-6673.

City of Vacaville
Community Services Department
(707) 469-4000 or (707) 449-5618

RESIDENTIAL CUSTOMER

Prsrt Standard
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Permit No. 118
Vacaville, CA
ECWRSS

POLAR BEAR PLUNGE

If you dare, come "bear" the cold and take the plunge!

Ring in the New Year and brave the cold at the Polar Bear Plunge! Come splash around in Frosty's Castle, Chilly Tank and ride the Arctic Slide. There will be a costume contest and hot cocoa to warm you up after you take the plunge. For more information call 469-4030.

Saturday, January 3, 2015
10:00 a.m. - 12:00 p.m.



Course # 102524
Fees:
\$10 Pre Registration
\$32 Group of 4
w/ Pre Registration
\$12 at the Door
\$3 Spectator Fee

11th Annual PAL Crab Feed

SATURDAY, MARCH 7TH
6:30-11:00 P.M.

ULATIS COMMUNITY CENTER

To purchase
tickets please call:

Danny Over 689-0112
Alex Hall 483-6407
PAL Office 469-6674

DOORS OPEN
at 6:00 p.m.

TICKETS
\$50/person
\$450 VIP table of 10

Your admission
ticket also includes a
no-host bar, music,
raffle, and a chance
to bid on some great
auction items.

All you can eat crab and pasta with no host bar! There will also be a silent auction, live auction, basket raffle, and music! All proceeds help provide recreational programs for at-risk youth. All proceeds to benefit the Vacaville Police Activities League.