



CITY OF VACAVILLE
COMMUNITY SERVICES DEPARTMENT YOUTH SPORTS

“We Create Community through People, Parks and Programs”



PARENTS GUIDE

TO



YOUTH SPORTS

SAFETY
First, Second, & Always



To the Parents of Youth Sports Players:

Well, the hardest part of our job is over! You have picked up this booklet and have started reading. Our goal is that as you continue to read, you'll understand the reason behind our efforts and join us in a commitment to your child's positive youth sports experience.

The Youth Sports Section of the City of Vacaville's Community Services Department hopes that you will enjoy the experience that lies ahead – watching your child learn skills and sportsmanship in a positive sports environment. Not only does every child participate equally in all of our programs, we encourage parents to assist as volunteer coaches and/or become active with their children in other activities.

Each year we serve over 4,000 youth in 40 various leagues, clinics, camps and special events. We are grateful to approximately 500 volunteers who serve as coaches, assistant coaches or members of the Youth Sports Advisory Team, and donate close to 27,000 volunteer hours to the youth of Vacaville. As you can see, it's quite a production.

The following pages contain the Youth Sports Section's philosophy and objectives, and discuss certain aspects of the program that parents and children need to be aware of and often have questions about. We hope that this information will be useful to you throughout the season.

Most importantly, we hope that it will give you cause to reflect on the role of youth sports in your child's life, and the role that you and your child's coach play in that experience. Please accept our best wishes for a safe, fun program, and a great season.

Sincerely,

Lacey Dillon
Recreation Coordinator

Policy of Non-Discrimination on the Basis of Disability:

The City of Vacaville, in compliance with the Americans with Disabilities Act (ADA) of 1990, does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs, events, or activities. Linda Crossman, 1001 Allison Drive, 469-6572, 469-6576 (fax), lcrossman@cityofvacaville.com, has been designated the ADA Title II Coordinator to coordinate compliance with the non-discrimination requirements contained in the Department of Justice Regulations implementing Title II of ADA. Requests for accommodations and information regarding provisions of the ADA may be requested from the ADA Coordinator.

Welcome to Youth Sports

The City of Vacaville, Community Services Department welcomes you to our youth sports program. We are confident that you will enjoy watching your child participate in learning about the skills and sportsmanship necessary for their particular sport this season. Not only is our coach's job an integral part to your child's learning experience, but what you do as a parent this season plays a major role in the sports life and attitude of your child.

Each season, the Community Services Department makes it mandatory for a minimum of one staff member to observe and oversee each game. After observing games for multiple seasons, we have made a plethora of observations in regards to the parents' involvement and attitudes present at each game. Unfortunately, the healthy and competitive attitudes that we wish to be present at games and practices is often substituted by negative yelling, fights between parents, as well as arguments among parents and children. This type of parental involvement only serves as a negative role model in a program in which we wish to emphasize positive and healthy attitudes.

The different attitudes that parents bring to games are present for individual reasons. Often times, parents forget the most important reason why their children are involved in youth sports. (*FUN*)

It is also common that parents take on the role of reliving their childhood sports career through their own child. In addition, some parents tend to be more competitive than their children are. As parents, you need to remember that your child's athletic involvement depends on their experimentation with different sports. (The competition that parents may instill upon their children is definitely an important asset to our program; yet, negativity and over competitiveness are not beneficial in the growth and development of healthy athletes.) Remember that the emphasis of our program is on equal participation, with our goal being to reduce the fear of failure through positive reinforcement.

For this reason, we wish to promote good sportsmanship by demonstrating positive support for all players, coaches and officials at each game. This emphasizes the importance of not coaching from the sidelines, as well as respecting the officials and their calls during the games.

Vacaville Community Services – Youth Sports Parent/Coach Youth Sports Education Program Philosophy Statement

With our Youth Sports program in Vacaville, we serve over 4,000 children each year. Their parents and the 500 coaches and assistant coaches bring many different expectations to our fields and courts. With this program, we work to support the positive aspects of youth sports and bring about changes in adult and youth behavior through adherence to certain standards, philosophies, education, a first class program, staff training and professional customer service.

We realize that volunteer coaches are one of the most important frontline representatives of our department. We want to assist them in any way possible to have a successful and enjoyable coaching experience. The image they portray will be the image that parents and players have of us.

Adults must first commit to supporting the Department's youth sports section and fellow staff in all cases and making sure every child in the program has a positive experience.

Our Philosophy is Five Fold

1. Each participant will be provided with a safe play environment
2. Participants will have fun – to date our evaluations report 100% success rate
3. Each participant will be instructed in and expected to display excellent sportsmanship
4. Each participant will gain a love of the sport they are playing
5. Each participant will develop in the sport they are playing



Paying Attention to Signals

During clinics, practices and especially games, we often send our children signals using various facial or physical expressions. Be aware of those expressions and make sure that the message you are trying to send isn't one of disappointment, rejection or anger. Your child will be watching you in the crowd. Negative expressions may be a detriment to confidence, self-esteem, and spoils the fun. As adults, we sometimes forget that our kids are just kids, not small adults.

The way we communicate with our young players, on the field, or off, is important. LISTENING is also essential while your child talks about feelings connected with sports – fears of making mistakes, getting hurt, being made fun of by other players, or even talking about the pluses of their adventures. It can bring you much closer to your players.

Commitment

When your son or daughter requested to play, and you registered him/her in the program, a commitment was made. Your child committed to being an important part of his or her team for the season. Each player counts on each other to pull together for the season; to learn, to attend practices, to play with as much effort as possible in games, to participate as best he or she can for the good of the TEAM, and to be an integral part of the team.

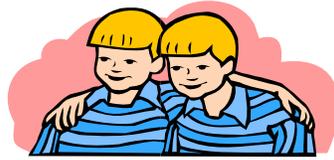
This cannot happen if parents pull their children from the program because of some misconception, or if the children are allowed to easily back away from their team obligations for minor reasons. While we understand illness, injury, moving or school, church or family responsibilities, excuses such as “not feeling like playing,” “not having the same coach as last year,” or “not on a winning team” only give your child a poor example of sportsmanship and commitment to the team. Please talk with us – we may be able to address any concerns you or your child may have. Moreover, for the sake of your child and the other children on the team, talk with your child about the commitment to the team you are making before registration, and hold your child to the commitment once the season starts. Your child will learn far more by sticking it out than he/she will by quitting.

Help with Disappointment

Winning and losing should not be the primary focus at this level. It's more important learning to play the game and having fun. No one likes not doing well, but if you listen to your child after a clinic or a game, then that's enough. There is no need for a big lecture, rather, just listening and understanding what your child is feeling is plenty – with maybe a quick reminder about the importance of learning, sportsmanship, and hanging in there. At this young age, in a few moments your son or daughter will move on to other interests and forget the disappointment.

Siblings

If your child has brothers or sisters who are involved in sports, be careful about making comparisons. The children want to please you, but if you remind them of the accomplishments of their older siblings, they may think that you expect and require the same of them. It might be tough to meet those expectations.



While we are on the subject, unattended siblings at games and practices who roughhouse, bounce balls, climb on stages, or are left to amuse themselves often cause a distraction to players, officials and coaches. Please respect all the children playing and respect the game – keep any siblings under control and supervised...for their safety also.

Join the Fun

Play with your son or daughter if you are able. Find the time in your busy schedule to play catch, throw them a few grounders or passes, shoot a few baskets or pass the puck around. Whatever they learn at the clinics, practices or games, has to be repetitive to improve their skills. It takes practice, practice, and more practice to improve.

Don't Expect Too Much

Children will make mistakes when playing sports – THAT'S HOW THEY LEARN! One lesson that is hopefully learned in our programs is that it is OK to make a mistake – if we learn from it. How do we teach our children that it's OK to make a mistake? The key is our reaction to the mistake. If we yell or publicly confront the child, your player may become afraid of the reaction and avoid it in the future by simply not trying. Or, what is more likely, become so nervous about disappointing you that your child will make even more mistakes. If we stay calm and supportive, and help by talking privately, your child will be able to look at the mistake objectively – learn from it and try again.

Discipline

In a discipline situation, our goal is to have your coach work with the child or children involved to encourage positive outcomes. We understand at times that children may not conduct themselves as we would expect. Our coaches have the ability to discipline children for actions or misconduct deemed inappropriate such as: disrupting practices or games, abusive, profane or indecent language, rough housing, kicking or hitting, talking back or lack of participation. Unsportsmanlike conduct or fighting will be referred to this office and removal of the child from the sports program is likely.

Removal of parents from the program for causing undo incidents at games or practices is reality. The Youth Sports Section has a ZERO TOLERANCE policy when it comes to disruptions by parents. This bad side of youth sports is something we never want our children to witness. Fighting, threatening, using inappropriate language, losing control or using tobacco, alcohol or drugs around the children will result in the parents' suspension from attending further games.



Our Staff

The Youth Sports Staff consists of a fully trained part-time and full-time staff with over 75 years of experience in the fields of Recreation, Physical Education, Teaching, Child Development and Coaching. Our volunteer coaching staff is made up of dedicated parents and community individuals who have donated thousands of hours each year to coaching our youth. Each coach is certified through the NYSCA (National Youth Sports Coaches Association) and many have a wealth of knowledge. The Recreation Coordinator is directly responsible for all youth sports activities through out the year. We ask that all questions be brought initially to the attention of the Recreation Coordinator.



Our volunteer coaches take time from their busy lives to work with the youth of our community and we appreciate their efforts. They must be certified and adhere to a strict standard of conduct in order to promote the physical, mental, moral, social and emotional well being of the children. We expect these coaches to uphold our philosophy and the department's image in all aspects. They must be focused on the individual child's development and the good of all participants. They are worthy of your support – please communicate and work with them.

Your Child

Each child is responsible for adhering to the proper ideals of sportsmanship, ethical conduct and fair play. They must be willing to accept the rules of the game, understand that each contest is just a game, respect the officials' decisions and participate in practices and games to the best of their ability. Depending on your coach and team, they may provide individual awards. The Players' Code of Ethics follows. Please review it with your child.

Players' Code of Ethics

Coaches and parents have a responsibility to provide the best possible experience for the youth in sports programs. However, the players also have certain responsibilities related to their participation. The Players' Code of Ethics should be read and signed by each member of your team.

I hereby pledge to be positive about my youth sports experience and accept the responsibility for my participation by following this Players' Code of Ethics Pledge.

I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice by demonstrating good sportsmanship.

I will attend every practice and game that I can and will notify my coach if I cannot.

I will expect to receive a fair and equal amount of playing time.

I will do my very best to listen and learn from my coaches.

I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed or abilities and I will expect to be treated accordingly.

I deserve to have fun during my sports experience and will alert parents or coaches if it stops being fun!

I deserve to play in an environment that is free of drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports events.

I will encourage my parents to be involved with my team in some capacity because it is important to me.

I will do my very best in school.

Registration

Registrations are accepted at the Ulatis, Three Oaks and the McBride Centers, as well as the Finance Department at City Hall.

Any child registered is guaranteed participation in the program.

We try to provide an opportunity for every child who wishes to play in our program. We will not limit the number of children in the leagues to give select children priority play. Children are placed on teams based on school attending, age, and grade in the elementary leagues. In upper divisions, children play based on schools attending or an evaluation. With the exceptions of Competitive Basketball League and the Major Division of Fall Baseball, coaches and player requests are not accepted to assure equality of opportunity for each team. This does not assure the equality of outcome; coaching and individual player efforts can not be controlled. Children who request to play with a friend are accommodated if reciprocal (one to one only). Parents can really help in this area by clearly conveying this information to the registration staff.

Waiting Lists

After the end of registration, it may still be possible to place a child on a team or clinic if room exists. You may place a child on a waiting list by calling our office at 469-4011 and providing your child's name, grade and school attending, your name and a phone number where you can be reached between 9:00 am and 4:00 pm. We will work to place your child on a team. Children are pulled from the waiting list on a first come, first served basis.

Rainy Day Policy

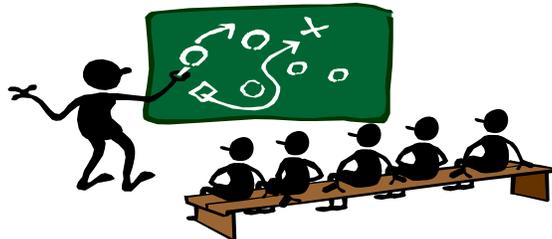
In the event of questionable game day weather, your coach has been instructed to call our office AFTER 3:00 pm on weekdays to determine game status. On weekends, please call your coach or our office at 469-4010 for a recorded message on game status.

Coaches' Meeting

Before beginning each season, the coaches meet with us. They receive their rosters, equipment, schedules and everything needed to begin practices. They may *NOT* call players until after this meeting. Note: all coaches do not call immediately. Please be patient and allow the coaches the opportunity to prepare for the season.

Practices

We don't have a baseball spring training complex at Disney World or a Pauley Pavilion for basketball or a domed stadium for football, but we do have some of the finest facilities around to play games. We try to provide as many indoor practices as possible, but we hope parents and players understand that outdoor practices are the norm in basketball. With as many baseball teams as we have, we use a draft system with coaches to avoid conflicts with other teams. In football, coaches are asked to not practice on game fields, or even when the fields are too wet. We do appreciate everyone's cooperation and support.



Practices are planned by the coaches and often vary as to when and at what site they are held. The ideal practice format is two (2) one and one half hour practices each week. Depending on the league, coaches may draft select practice times. Please contact the office to determine if your coach is not available.

Coaches are instructed never to leave a child alone after a practice or a game. **Under no circumstances are they ever to drive a child to or from practices or games. After attempts are made to call parents or emergency contacts, coaches are instructed to call the Vacaville Police Department if a parent has not picked up his/her child after two hours. Please remember this and make arrangements to have your child picked up on time.**

Coaches commit to their individual team with the following objectives:

- Parents must be educated in our sports philosophy to become “salespeople” for the program.
- Coaches will control themselves, parents and players and act sportsmanlike at all times.
- Parents are important – parent meetings and sports education are on-going processes.
- Coaches will be organized and attentive to their players in practices and games.
- Children will be given an alcohol, tobacco, drug, and abuse free environment.
- Coaches, parents and players will not argue officials’ calls and will respect officials at all times.
- Inappropriate language will not be used at any time.
- Coaches and parents will not leave children unattended at any time.
- Coaches will educate themselves and their parents in the sport they are coaching.
- Coaches will care for the equipment and return it following the season.
- Coaches will play all their players an equal amount of time.
- Coaches will only play rostered and legal players.
- Coaches will understand and accept that certain things are out of our control – weather, availability of practice facilities, sprinklers, power outages, etc.
- Coaches will do everything in their power to keep from running up the scores.
- Coaches will fill out a volunteer employee application and be fingerprinted.
- Coaches will be considered employees of this Department and conduct themselves accordingly by cooperating with staff, officials and upholding our standards.

Additional Youth Sports Objectives:

- Seek advice and program recommendations from the Youth Sports Advisory Team.
- Stay on the leading edge in youth sports programs nation wide by utilizing the NYSCA, professional organizations and educators in the field for resources.
- Educate through parent and coach education programs, which include NYSCA coach certifications, sponsoring coaches’ camps and trainings, offering programs in parent/child workouts, authoring the Youth Sports Play Book and Theory of Sports Books.

Our Objectives for our Parents Include:

- Attend each game and practice and support their child in his/her activity.
- Support the coaches and the Department – be a salesperson for the program – help educate your fellow parents to the benefits of this program – be vocal in your support.
- Make sure their child is prepared to participate – water, clothing, sunscreen, etc.
- Have their child on time for games and practices (pick them up on time).
- Encourage and demonstrate good sportsmanship at all times.
- Place the emotional and physical well-being of the children ahead of any desire to win.
- Assist the coaches whenever possible.
- Make youth sports fun for each child in the program.
- Work with the Youth Sports Section to provide a positive environment.

The coach’s attitude between the lines of a playing surface should not be any different than it is at any other time. We are thankful for the efforts and the time they commit to the children. We can’t run a program of this nature without their help. But remember – it is a privilege for all of us to be involved in this arena. We can’t let the negative symptoms of society and youth sports in general infect our program. We can’t get carried away and forget what this is all about. It’s just about kids having fun and our coaches are just a person helping them do that in a controlled way.

We have a zero tolerance policy as established by the Youth Sports Advisory Team – if a coach or parent steps out of line, consequences will occur swiftly. Depending on the infraction we may try to educate and correct those infractions. A repeat offense will more than likely cause a coach to be removed. More serious infractions, such as fighting, touching as official, etc, will cause immediate dismissal.

We want to pull coaches, parents and the community together in a positive sports environment. We can see real, positive changes that can only benefit our number one customer – the children.

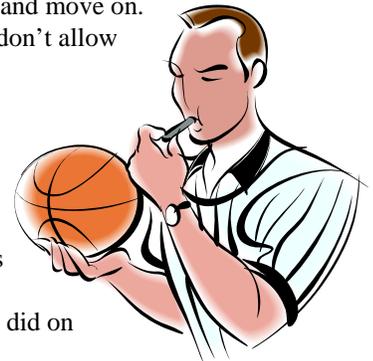
Officials and the Youth Sports Philosophy

Our program: In order to run an effective program, we utilize officials in our major programs – t-ball, fall baseball, flag football, recreation basketball and competitive basketball. With the exception of t-ball, which is umpired by our youth sports staff and parents, we contract the officiating of the other leagues with an officials' association. It is getting much more difficult for most organizations (and us) to find quality officials to officiate our games. Fewer people are willing to accept the abuse and sometimes violence heaped upon them by miss-directed parents or coaches.

Official's Philosophy: Officials we've had the pleasure of working with, officiate for love of the game and concern for the participants playing. The officials we contract with go through extensive on-going training. They are conscientious and want each game to be perfect and consistent. With experience, most officials can watch the entire field or court at one time, see and correct situations before they become problems, have their mechanics become second nature and know the game better than most coaches do. The best an official can hope for is to leave a game without anyone knowing who he/she is; with perhaps a "good game blue" thrown in by a player or a spectator.

You and the Officials: As a coach, you are bound to see very good, experienced officials who know their job. You will also see new officials who are just starting out and deserve a break and some mentoring. There are ways in dealing with each type of official. Here are some points to guide you.

- Official's calls will always even up over a game, season or career. Teach this to your players and move on.
- Teach your players that an official is an uncontrollable part of any game – play the game and don't allow an official or any call to take you mentally out of the game.
- An official's interpretation of judgment calls is never open to discussion or criticism.
- How an official calls a game depends on his/her style and level of experience – not your demands.
- New officials can always use some positive support – help them with local rule interpretations, our set-up and procedures...they should be open to it.
- Any official, who does not understand the rules, acts unprofessional and is power hungry does not belong out there – please report them to our office.
- Officials who make excuses or don't hustle as much on the last assignment of the year as they did on their first assignment likewise are not acceptable to us – let us know.
- If you wish to talk with an official or confer before a game – do it respectfully and politely.
- Teach your players and parents to be respectful of officials and their calls. Kids can always talk to officials if done appropriately.



Positive Coaching: Many times, adults expect officials to control aggressive and sportsmanship on the part of kids and parents. That is the responsibility of the coach. Sometimes coaches and parents even expect those physical problems that many children have with development and coordination to be handled by the officials. Other than encouragement and some positive support there is little that officials can do – please understand that. Your working with the kids, pulling them to the side to correct them and your positive attitude are the best you can do for them. Regardless of the type of official you have - our coaches must act in the most positive, professional way.

Coach Participation: Finally, if you feel the officials are not up to standards, you have several options; among them is joining an officials' association yourself, joining the Youth Sports Advisory Team to make positive suggestions, join our staff as an official's representative/trainer, or volunteer with us to officiate games – you are welcome. Most coaches who try the other side of the ball quickly understand the pressure officials are constantly under – it's a different world that can give you a better perspective on the game and make you a better coach.

Continuing Commitment: The Youth Sports Section is never satisfied. Our parent and coach education focus also carries over to officials and we expect nothing less than every game to be officiated to our high standards. Realistically however, we realize that the variations in human nature make this an ongoing process. I hope that each coach, parent and official does his/her job to the fullest to make this program work for our youth.

If we are able to keep these ideas in mind, we'll be taking a big step in keeping the fun in Youth Sports!

Think Process – Not End Product

Children are into the process; adults want an end product. If we just want results, we are bound to be disappointed that our kids aren't achieving the goals we set for them. You and your child will get more enjoyment from sports if you look at each event as a step in the total learning process.

Participate in the sporting experience with your child. There is nothing more rewarding than to share the excitement as your child moves through the sports process. We want them to come back next season to continue the process of developing skills, learning self-confidence, and have fun playing ball.

What's Next

The Vacaville Community Services Youth Sports Section embarked on a coach/parent continuing education program in 1995. It put your recreation division in the forefront of youth sports programs nationwide. Over the next few weeks of this sports program, you'll be hearing from our staff and your coach on suggestions of playing a positive role in your child's sports life.

Now, Some Program Specifics

Equipment and Attire

All equipment (balls, flags, field markings, etc) is provided by the Youth Sports Section. We encourage your child to bring his/her own batting helmet, glove and/or elbow/knee pads if desired.

On league game days, your child is required to wear a reversible blue and white jersey that can be purchased upon registration at any Community Center. You may have your child's name and favorite number placed on the back of this jersey. It also helps for identification purposes in basketball. Be sure that your child's clothing is comfortable and appropriate for play in a gym or on a field, such as sweatpants or shorts. Non-marking tennis shoes are required for indoor gym play, molded rubber cleats are recommended for baseball and football, mouth pieces are always strongly urged.



Games

We try to simulate the most complete game experience possible for our children. Our fields and courts are marked and set up in a professional manner. The rules are designed and adjusted for the developmental play of our children. Playing time is a priority with our programs. Every child is guaranteed to play 50% of every game (barring illness, injury or disciplinary issues). With clinics and camps, your child's active involvement and "time of task" is always a consideration with staff. In clinics, we ask that parents be objective in their approach to playing time as we often instruct by explaining rules and displaying techniques.

Facilities

At school facilities, children are not allowed in the halls, on stages, or left unattended by parents. A parent must control siblings while a participant practices or plays. We want to leave a facility better than we found it. No food or drinks are allowed in any gym; snacks and water bottles are to be kept outside. Indoor fountains are available. Please remind your child to clean up the dugout or sideline after a game or practice.

Expectations of Parents

Adults should enhance and promote a healthy sports oriented environment for not only their children and families, but for all the children in the program. Do this by showing a common interest in your child's development, and acting properly during all youth sports activities.

Parents serve as role models; your children who look to you for advice and approval often exhibit your attitudes. Work to be a positive role model.

Help your child establish & achieve goals that are reasonable & don't put too much pressure on him/her to win games.

Please do not interrupt or interfere with coaches during practices and games. This will help to maintain our efforts toward skill development and to create a fun environment for the children.

We encourage your active participation through volunteering. Serving as a coach, team mom, and assistant coach, providing snacks after the game or practice, or serving on the Youth Sports Advisory Team are great ways to help your child.

Coaches and officials need your support, too! Please no coaching from the sidelines and treat officials and their calls respectfully.

We Get Calls

Please take a minute to evaluate your philosophy. Officials' calls won't always agree with your opinion. Practices might be at locations that are inconvenient. Coaches will have various levels of expertise in given sports. Playing time for children might be more than 50% on some teams. The weather will not always cooperate. Teams aren't always equal in skill levels. Rumors are not always fact. Moreover, we don't train six year olds for future pro careers. Even so, the children seldom call to complain – they seem to adapt, play and have fun all the same.

Lastly parents, we realize that there are many different opinions amongst all our parents. While we strive to make our program a utopia for youth sports one day, we realize that there are difficulties in all youth sports programs which are symptomatic of the overall problems in our society – sometimes coaches, parents and players take it too far.

Your child is our number one customer. We will always discuss your concerns, it might be better to sit back, understand that we are doing everything in our power to provide a quality developmental program.

Help Us Do Better

Toward the end of each season or program, our staff distributes evaluation forms to all parents and participants. We appreciate your taking the time to fill them out and return them to our office or a Youth Sports staff member. The statistics we take from the evaluations are very important in helping us improve every aspect of our programs. We also appreciate the ideas for improving the programming that many parents give us.

In conclusion, we hope that this booklet gave you some insight into the specifics of the Youth Sports Program. You are always welcome to call us with questions, concerns, and suggestions or just talk philosophy. We hope that you also realize that we operate in a fair, honorable way and that the integrity of the program is beyond reproach. Thank you for joining us in making a positive difference in Youth Sports and giving us the opportunity to share sports with your child.

Parent's Code of Ethics

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Parent's Code of Ethics Pledge.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.

I will place the emotional and physical well being of my child ahead of a personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free of drugs, tobacco and alcohol, and will refrain from their use at all youth sports events.

I will remember that the game is for the youth – not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing transportation.

I will require that my child's coach is trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

I will read the NYSCA National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.