

**CITY OF VACAVILLE
COMMISSION ON AGING MINUTES**

**MINUTES - REGULAR MEETING – January 10, 2007
CITY COUNCIL CHAMBERS**

1:30 P.M.

ITEM 1 - CALL TO ORDER

The regular meeting of the Commission on Aging was called to order at 1:30 p.m. by Chair Ed George.

MEMBERS PRESENT: Chair Ed George, Commissioner Garland Porter, Dorothy Locke, Bill Duff, Peggy Willson, Steve Ciccarelli

MEMBERS ABSENT: Vice Chair David Knitter

STAFF PRESENT: Community Services Director Kerry Walker
Recreation Manager Reggie Hubbard
Supervisor Doug DeFabio

ITEM 2 - PLEDGE OF ALLEGIANCE

Commissioner Duff led the Pledge of Allegiance.

Chair George thanked the Commission for sending him flowers while healing from a torn Achilles tendon in his leg.

ITEM 3 - APPROVAL OF MINUTES – November 8, 2006

A motion was made by Commissioner Porter, seconded by Commissioner Locke, "to approve the minutes as presented". Motion unanimously carried.

ITEM 4 - APPROVAL OF AGENDA

A motion was made by Commissioner Willson seconded by Commissioner Porter, "to approve the agenda as presented". Motion unanimously carried.

ITEM 5 - PUBLIC COMMENTS

Dr. Richard Lundin, Senior Legislator/Senator of Napa/Solano County, wished the Commission and staff a "Happy New Year". He introduced his wife, Dee, since she has been his main supporter. He provided the 1st Quarterly Report for 2007, which includes, "From Hospital to Home: Improving Transitional Care for Older Adults", Legislative Summary-2006 Session, Lifespan Respite Care Act and for making a contribution on your state tax return to the California Fund for Senior Citizens. The deduction is now on Line 52.

He reported that the Napa/Solano County California Commission on Aging will be holding their 1st meeting in Yountville's Administration Building on February 7th from 10:00 a.m. - 12 noon. The meeting will focus on Senior Veterans. The public is welcome to attend.

Shanon Nelson, City of Vacaville ADA Coordinator, reported that he will be updating and maintaining the City's voluntary seniors and disability registry. The registry is an effort to address the needs of people with disabilities and providing seniors in the community assistance when a disaster or emergency occurs. Voluntary registry forms are posted on the cities website along with a map location. Information on the form will be entered into a confidential database. A copy of the registry is kept in the City's Police Department and Fire Department. For more information or to request a form, contact Shannon at 449-5409.

ITEM 6 - CORRESPONDENCE

Director Walker mentioned two articles that were included in the Commission packets. One was an article on the annual Thanksgiving meal held at the Senior Center. Approximately 187 seniors were served. The other is a letter to the editor on behalf of Tim Abu, Facilities Maintenance Coordinator at the McBride Senior Center. Tim was recognized for the wonderful job he does.

ITEM 7 - REPORTS**a. AREA AGENCY ON AGING**

Leanne Martensen, Executive Director of Area Agency on Aging (AAA), acknowledged what a great job the City of Vacaville has done putting together a voluntary registry and the importance of having this information on file. She reported that at the federal level in the 110th Congress, among the resolutions to watch for are efforts to improve the Medicare Part D prescription drug benefit program.

She mentioned that with the extreme cold, older adults are at risk of hypothermia, risk for falls and a greater risk of fire or carbon monoxide poisoning. She also gave some tips for using space heaters. She informed low income seniors, that AAA has information on a PG&E assistance program. To obtain more information, contact AAA at 1-800-510-2020. She complimented the Vacaville Reporter on an article about David Knitter for his involvement with the Solano Financial Abuse Specialist Team (FAST). She reported that Senior Scam Stoppers event will be held on Friday, January 12 at the McBride Senior Center. She also mentioned that there will be a similar event held at the Fairfield Senior Center on January 31.

b. COMMISSIONER PEGGY WILLSON – Update on Baby Boomers

Commissioner Willson read an article in the AARP bulletin called “Who will Care for Us”. She quoted Rosalynn Carter who said there are only four kinds of people in the world: those who have been caregivers, those who are currently caregivers, those who will be caregivers and those who will need caregivers. She continued with reading the article by Robert N. Butler, M.D. who said that America is facing a critical shortage of competent and compassionate caregivers. Currently, about 40 percent of people over 60 and 1.9 million paid caregivers share the burden of providing home care for older or disabled Americans. Today, older people are healthier than in the past and are living longer. But as they age, boomers will likely require both caregiving for their parents and eventually for themselves. By 2030 the United States will need between 5.7 million and 6.6 million caregivers. The City of Vacaville needs to figure out the best ways to recruit and train caregivers; making sure community colleges help them develop career opportunities; and establishing a financial plan to support this huge need for health workers. She suggested that they need to talk to the Council, Senior Round Table, Solano Community College and the medical community about getting something started.

ITEM 8 - OLD BUSINESS**a. UPDATE ON SENIOR ROUND TABLE**

Supervisor DeFabio reported that the last Senior Round Table meeting was a 2006 recap meeting held on December 22 at the Outback Restaurant. City Manager David Van Kirk complimented the Senior Round Table for the work they have done through 2006 on items such as (HIP) Home Improvement Program, Senior Resource Directory, Ride With Pride, Home Safety Program through our Fire Department and Home Day Care. Councilmember Pauline Clancy thanked Assembly Woman Lois Wolk, who was in attendance for helping push all bills through to make all financial institutes accountable for reporting senior financial abuse. Several awards were presented to Mayor Len Augustine, Vice Mayor Chuck Dimmick and Councilmember Pauline Clancy. Vacaville Outstanding Achievement awards were handed out. Lois Wolk presented California State Assembly Certificate of Recognitions to: Kathryn Tuberty for her involvement in the Senior Health Summit, to Senior Center Coordinator Audrey Calder for the Holiday Connection and to Cyndi Johnston, Director of Housing and Redevelopment for the HIP program. Pastor Steve Stalcup from the Father’s House presented a \$5,000 donation to the City’s HIP program. Councilmember Pauline Clancy was recognized for her 50 years of service and was pinned by her son Don Clancy at the event. The next Senior Round Table meeting will be held on Thursday, January 18 at the McBride Center at 8:30 a.m.

b. PRESENTATION – STEVE STALCUP – The Father’s House

Steve Stalcup was unable to attend today’s meeting.

c. PRESENTATION – MARK MAZZAFERRO – City of Vacaville Public Information Officer

Mark Mazzaferro, Public Information Officer for the City of Vacaville, reported that Comcast Cable Company will be turning the government channels over to who choose to run them. The City of Vacaville will be taking over Channel 26. Mark will be the contact person for this. He’s had requests to have the channel reflect the weather rainfall and temperature data. The channel has the capacity to list a total of 250 announcements. Posting of nonprofit activities and nonprofit groups should be sent to him. The City will have their own public service announcements and segments of Vacaville Voices. He said his goal is to make the channel interesting and an asset to the residents of Vacaville. He mentioned that he had worked with Dr. Richard Lundin in the past, while he was in Vallejo. He stated that he has 15 years of experience as a journalist. He plans on attending and getting involved in the Senior Round Table meetings.

Commissioner Locke suggested a form should be created for posting information or events to the channel.

Commissioner George suggested selling commercial advertising for financial support of the channel.

Mr. Mazzaferro replied that since the channel is for public access, the channel has specific limitations and they are unable to sell advertising. He said you can have underwriting segments of the programming, but they can’t sell or endorse products.

Chair George commented that he was glad to see the Vaca High and Merced football playoff game on Channel 26.

ITEM 9 - NEW BUSINESS - None**ITEM 10 - STAFF REPORTS**

Supervisor DeFabio highlighted about Environmental Education programs including: Walking Club every Monday morning, walking tours and educational programs. A new program that will be starting next month is called “Earth Moves” a science program for seniors. Senior Center Coordinator Audrey Calder and staff are working on putting together a Senior Idol Competition between Fairfield and Vacaville at the Ulatis Community Center on April 7. Auditions will be held on March 31 at 6:30 p.m. at the Ulatis Community Center. Also, a DMV program will be held on February 6. For additional information on events and programs at the McBride Center, call 469-6660.

Recreation Manager Hubbard informed everyone that construction will be taking place at the McBride Center to make some ADA compliance renovations. The construction will have no impact on the programming.

ITEM 11 - DIRECTOR COMMENTS

Director Walker announced that Reggie Hubbard has been appointed as the Recreation Manager of the Community Services Department.

She recognized Coordinator Calder for the success of the Holiday Connection program. The program provided and delivered gifts to over 260 seniors. She also recognized those who volunteer to help out and assist with the program.

Ms. Walker reported on the 2006 Community Services Accomplishments. In promoting health and wellness 308 seniors were provided with flu shots this past season. Evaluation data shows that 89% of 5,972 seniors assisted in the social services were positively affected. The McBride Center provided recreational experience for seniors by developing a scholarship program for seniors interested in participating in classes/workshops. With over \$5,000 raised in donations, 187 seniors enjoyed a free Thanksgiving Dinner.

McBride Center had 549 facility contract rentals with 22,372 in attendance. The evaluations received reflected a 95.3% satisfaction rating overall for facility rentals. The McBride Center staff mentors and provides work experience to the youth of our community through the Vacaville High School Workability Program. The McBride Center held 1,210 instructional classes for 25,895 seniors and adult participants with a 90% satisfaction rating. One hundred seventy senior volunteers contributed over 7,000 hours of service valued at over \$114,000 to the McBride Center and Community Services Department. The McBride Center served meals to 5,613 seniors through a partnership with Meals on Wheels of Solano County and 60% of seniors sustained nutritionally through the McBride food give-away program. The McBride Center coordinated with Kaiser Permanente on a successful grant-funded intermediate fitness program serving 20-26 adults, over 50 years of age, on a weekly basis. Performance measures indicate that 86% of participants, attending the class for more than two months, have noticed a substantial change in their ability to perform daily activities and 93% report a change in their self-image. Seniors visiting the McBride Center combined their trips with shopping, spending over \$161,000 in Vacaville in 2006. She recognized all the staff for their hard work.

Commissioner Locke thanked Ms. Walker for the report.

ITEM 12 - COMMISSIONER COMMENTS

Commissioner Ciccarelli commented that he was glad Commissioner Willson brought to their attention the shortage of caregivers. He also mentioned that there is a shortage of nurses.

Commissioner Locke mentioned that the In-Home Support Services program has a shortage of caregivers. She reported that the Police Department has a medication disposal program. To dispose of unneeded or expired medications residents can now bring them to the Police Department. For additional information, contact the Police Department at 469-6509. She wished everyone "Happy New Year".

Commissioner Porter thanked the staff for their hard work and support. He expressed great thanks as to the way the staff has affected seniors and people in our community. He offered his support so the staff can continue to do their job.

Commissioner Willson complimented Audrey Calder, Senior Center Coordinator, on the success of the Holiday Connection. She mentioned that the program provided seniors with a \$30 gift of pajamas, sweaters or gift certificates to a restaurant so they could have a hot meal and be around people. She congratulated the City of Vacaville for putting a medication collection box in the Police Department. She mentioned that she had been a nurse for several years and they had flushed several years of medication into the water system. She announced that Library month starts on January 26 - January 28 at the Ulatis Cultural Center Library. The public can purchase a stack of hard back books for \$.50 per inch or paper back for \$.25 per inch. On the last day, January 29, you may purchase a brown grocery bag full of books for \$2.00. From the sale last year, they made \$17,645.13.

Commissioner Duff thanked the McBride Center staff for an outstanding job. He made a plea to the public for more drivers and helpers for the Meals on Wheels program. He welcomed Chair George back.

Chair George recognized the staff for providing information at the meetings.

ITEM 13 - ADJOURNMENT

There being no further business, the meeting was adjourned at 2:30 p.m.

DeAnna Pinger
Recording Secretary