

# City of Vacaville

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**FOR IMMEDIATE RELEASE**  
**Monday, December 03, 2007**  
**Contact: Arecia Yee-Bowie, Recreation Coordinator**  
**449-6079**

## **FLIP AND PLAY DAY TAKES SOME STRESS AWAY FROM SHOPPING**

Vacaville Gymnastics is offering a "Flip and Play Shopping Day" from 9 a.m. to 4 p.m. on December 15 at the Vacaville Recreation Center.

Parents can take the time to do their holiday shopping while their children have fun learning gymnastics moves, playing games, and making crafts. This is truly an opportunity to make holiday shopping as positive an experience as possible for both parents and children.

This activity is open to children age 5 to 12. The cost is \$40 for the first child and only \$15 for each additional child. Participants can register on-line at [www.cityofvacaville.com](http://www.cityofvacaville.com) or at any City community center.

For more information, please call 449-6079.